

India is a vast and varied subcontinent, with 2.4% of its global landmass supporting over one-sixth of the world's population. The country is undergoing nutrition and health transition. While the pre-transition nutrition and health problems such as under-nutrition, micronutrient deficiencies and communicable diseases remain major public health problems, there has been a steady if slow rise in prevalence of over-nutrition and non-communicable diseases. There are vast differences not only between the states but also between districts in large states in nutrition and health status of the population and the rate of ongoing transition. Surveys to assess dietary intake, nutritional status and health status of the population are essential to monitor ongoing nutrition and health transition and initiate appropriate interventions.

Major national surveys such as those conducted by the National Nutrition Monitoring Bureau, Rapid Survey of Children conducted by UNICEF and Dept. of Women and Child Development, National Family Health Survey and District Level Household Survey conducted by IIPS Mumbai, and Annual Health Survey conducted by the Registrar General of India provide valuable insights into the on-going health and nutrition transition. There are variations not only between States but also between districts in the same State. These data provide a basis on which to plan and implement district- and state-specific interventions. They also provide a mechanism for monitoring the progress achieved. The national and State level data have been used to monitor progress towards achieving targets set in the Millennium Development Goals.

All these Reports and Fact sheets are available on the websites of the respective organisations and Ministries, but these are not accessed and used by a majority of the post-graduate students and faculty in medical and home science colleges. In an effort to disseminate and promote greater utilisation of the data that are available in the public domain, NAMS and NFI are organising this Symposium on "Nutrition and Health Transition in India: Evidence from National Surveys". The presentations in the Symposium will cover the following major areas:

- nutrition and health transition in India based on the data on time trends in dietary intake, nutritional and health status of the population
- policy, programme, and research implications of the ongoing transition
- inter-state and inter-district differences in nutritional and health status
- use of these data for decentralized district based planning of interventions and monitoring the impact of ongoing interventions
- monitoring progress and achievement regarding MDG targets at national and state level
- setting national targets for SDG based on data from completed national surveys.

*The President and Members of the Governing
Body of Nutrition Foundation of India
cordially invite you to attend the
NAMS-NFI Symposium on*



*“Nutrition & Health Transition in India:
Evidence from National Surveys”*

*Venue: Kamla Raheja Auditorium
JS Bajaj Centre for Multi-professional Education,
NAMS House, Ansari Nagar New Delhi - 110016*

Date: 30.11.2016 9.00 AM-6.00PM

NAMS - NFI SYMPOSIUM ON**Nutrition & health transition in India: evidence from national surveys****Venue: Kamla Raheja Auditorium, NAMS House, New Delhi****30.11.2016 9.00 AM - 6.00PM****Programme**

9.00-9.30 AM.	Registration
9.30-10.00 AM	Completion of pre-symposium questionnaire
10:00-10:05 AM .	Welcome Dr Prema Ramachandran
10.05-10.20 AM	Inaugural Address Dr Mukund Joshi President, National Academy of Medical Sciences
Session I Chairperson Dr S Deshmukh Ongoing health and nutrition transition: evidence from AHS and DLHS4	
10.20-10 50 AM	Dr Rattan Chand Setting up national measurement surveys: experience from CAB component of AHS
10.50-11 15 AM	Dr Prema Ramachandran Quality assurance in measurement surveys: experience from CAB component of AHS
11.15-11 45 AM	TEA
11.45-12.15 PM	Dr K Kalaivani Changes in prevalence of anaemia in the last two decades: evidence from national surveys
12.15-12.45 PM	Dr Ladu Singh Inter-state and inter-district variations in health and nutritional status in DLHS4 states
12.45-1.15 PM	All participants: Discussion
01.15 -02.00PM	LUNCH

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Session 2 –Chairperson Dr PK Dave Evidence from other national surveys	
02. 00-02.30PM	Dr F Ram Nutrition transition in women and children: insights from NHFS 1,2,3 & 4
02-30 – 3.00PM	Dr A Laxmaiah Changes in dietary intake, nutrition and health status: evidence from NNMB survey 1973-2012
03.00 -03.30PM	Dr Purnima Menon Nutrition transition in preschool children: evidence from interstate differences in child nutrition seen in RSOC
03.30-04.00PM	Mrs Sunitha Role of national surveys in monitoring International frameworks: Learning Lessons from India's MDG experience
04.00-4.30PM	Dr Prema Ramachandran Setting national targets for SDG based on data from completed national surveys
4.30 -5.00 PM	All participants: Discussion on way forward
05.00-5.30PM	Completion of the post-symposium questionnaire and evaluation form
05.30- 6.00 PM	TEA