

***NAMS RECOGNITION
OF ACADEMIC EXCELLENCE
IN SURGERY 2025
New Delhi***



NAMS FOUNDATION DAY CELEBRATION

My Journey through world of Surgery

DR.S.M.BOSE

MS,FRCS (Eng), FRCS(Glas) FAMS, FACS, FICS, FACG, FAIS

Chairman Academic Committee & Council Member of NAMS

Former Sr. Prof. & HOD Surgery, PGI, Chandigarh

Former Professor of Surgery, AIIMS, New Delhi

Former National President of Assocn of Surgeons of India

Former National President of Ind Assocn of Surgical GE

Former President Chandigarh Surgical Society

Surgeons are unique breed of

Medical Professionals

At the highest pedestal, hard working ,

Distinguished, smartly dressed ,

Fond of Smoking & Booze,

Not scared of Politicians or Bureaucrats

Their performances are result oriented

They can draw out a patient from

the jaws of death

I had my schooling in
T.J.H.S., Indore,
a prestigious school.
Foundation of discipline,
hard work, Games & Sports,
Public speaking,
Essential assests were all
instilled in me over here





**MY
ALMAMATER
HAD
MEMORABLE
YEARS
1958 - 63**

Medical college Ewalior

My admission in G R Medical College, Gwalior Was a cake walk

**In contrast to present era in class XII examn
Only 6/4K students got more than 60% marks
and I was one of them,**

**Had ragging on the day of submission of
my admission application form**

**I used to get Rs.30 PM as Merit scholarship,
Hostel expenses including Mess bill was Rs.30;**

I used to get all text books from Library

SPECIALISATION IN SURGERY

House Surgeon to Prof. B.N.B.Rao

**For Training in Surgery Advised to leave Gwalior
Was selected as SHO in PGI by Profs SSA & PNC,**

Joined PGI , Chandigarh on 1st Jan. 1964

against the wishes Of my parents, teachers and friends

One of my best decisions

1966 MS, both Parts I & II within 2 years

1967 Selected as Registrar in Surgery

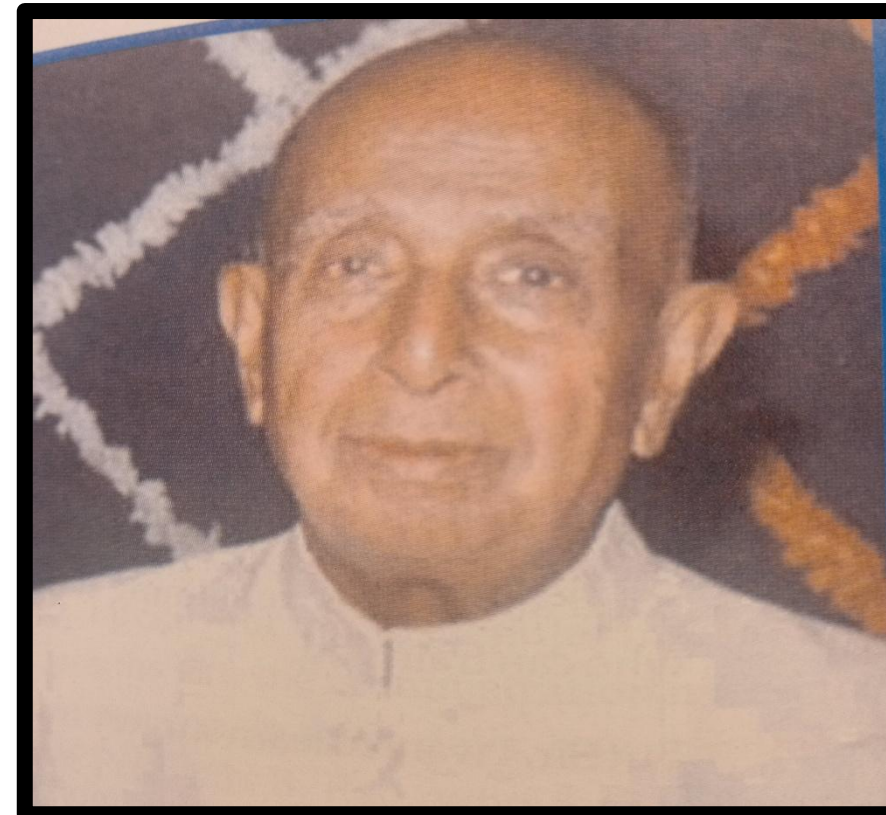
1969 Recommended by Prof.A.K.Basu

Selected as SHO with Sir Rodney Smith in London

Prof. S.S.Anand did not allow me to leave

1970 Selected as Lecturer in Surgery at PGI,

1971 Selected as Asst Prof. in Surgery at PGI





*Eyes of
an Owl*



Hands of a Lady



*Smelling power
of a Dog*



Heart of a Lion



*Stamina of a
Donkey*

Qualities of a Surgeon



Indo – Pak Wars of 1965 & 1971

Used to look after war casualties,

A large no used to be

evacuated to PGI,

given Tt and sent to South India

In 1971 – Was a Captain in TA ,

had donned uniform and was

serving in Westn.Command Hospital



Selected for GOI Foreign Service Deputn.

Posted in Sirte, Army Capital of Libya in 1974

As Head of Surgery & later on as Director

Professionally very satisfactory tenure

Performed GIT, NS, Ortho, Trauma cases

Even performed a C.S. for a VIP patient

My training in PGI came very handy

Name & Fame of Hindi Zarrah spread very widely

Was designated as the best Ambassador of Hind

❖ In Acad. Insts. Faculty Positions Include

❖ Patient Care

❖ Research

❖ Teaching & Training

❖ Administration Duties

❖ Organisational Activities

❖ Health Awareness

Patient Care

Have been involved in clinical work

1964 onwards – continued

All round Gen. Surgical work

Innovations / Modifications

Surgery of Breast

❖ Breast Conservation Surgery for Cancer

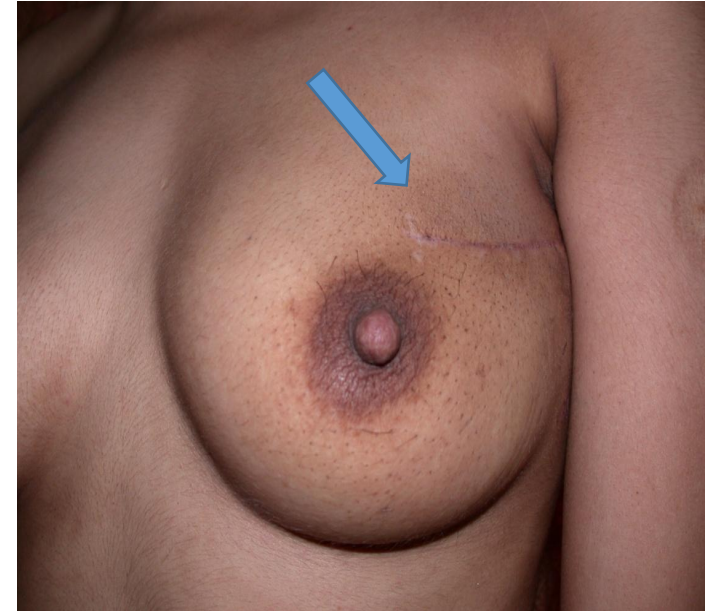
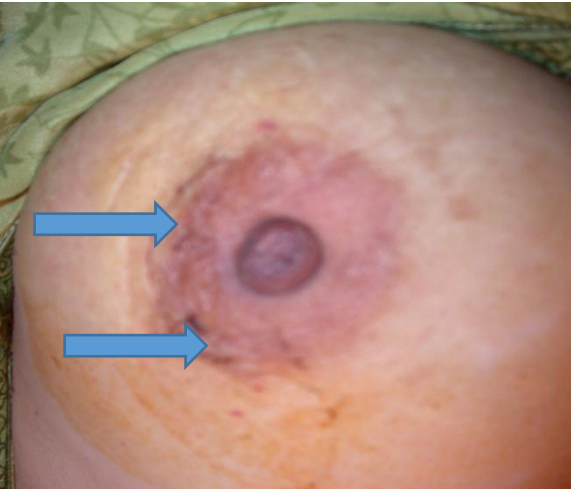
❖ BCS for LABC

❖ Palliative Care for MBC

❖ MRM / BCS under Local Anaes

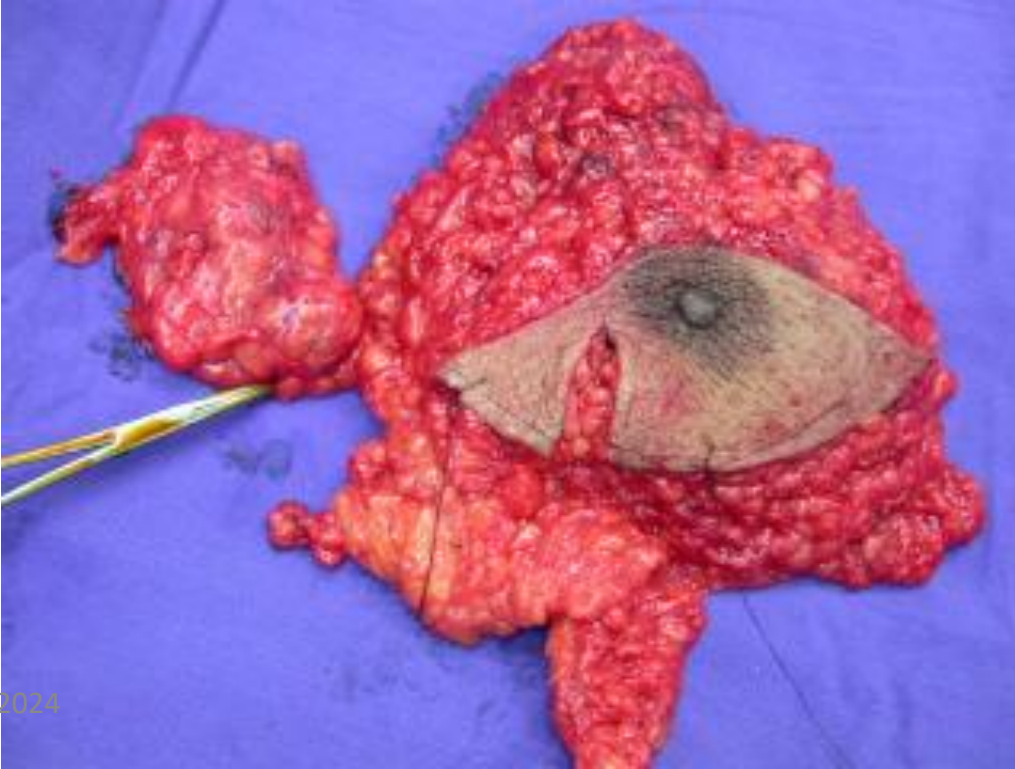
❖ Aspiration Treatment for Breast Abscess

❖ Med. Management for Fibroadenoma, Fibrocystic



MRM

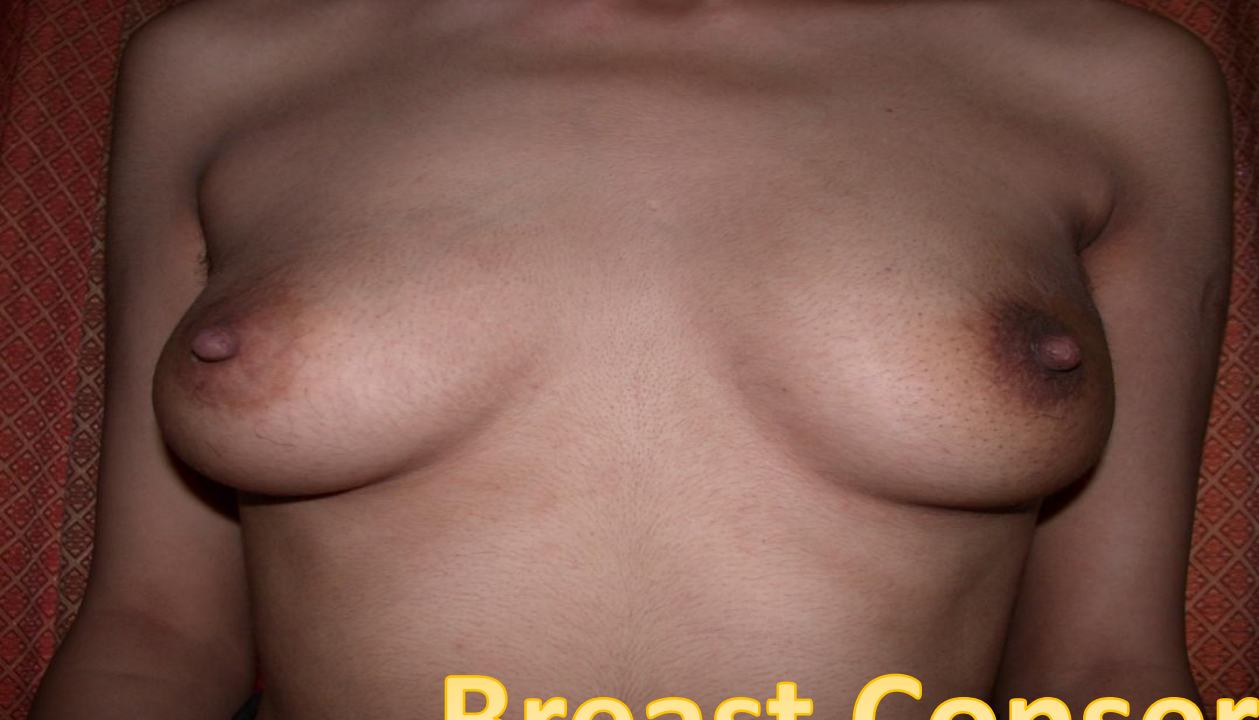
Commonest Procedure for Ca Br



Psycho-Social aspects of Breast Cancer :

Bose et al , PGI Bull. 1984, 1: 86-87

Bose et al, PGI Bull. 1985, 19: 19-24

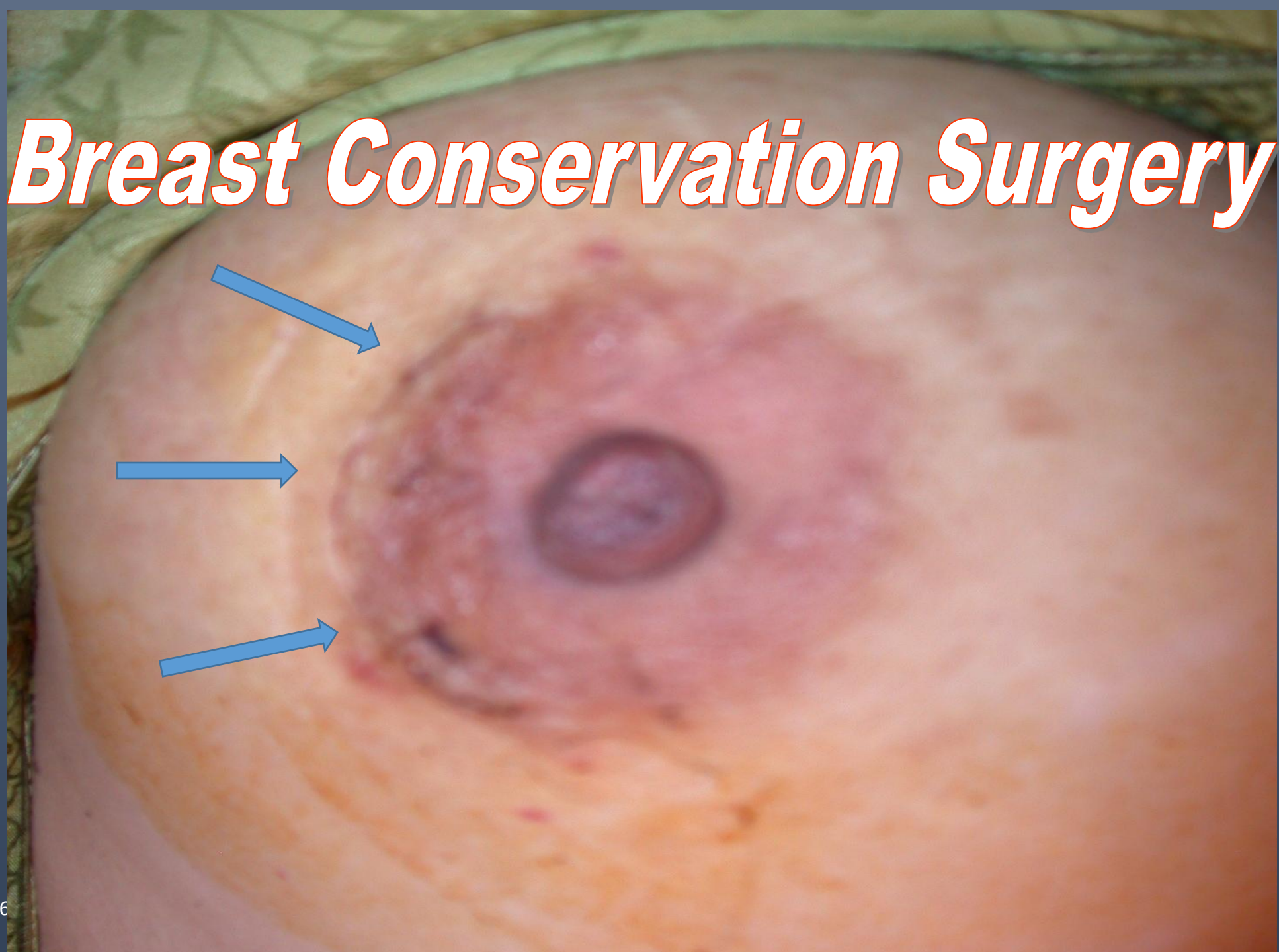


Breast Conservation Surgery



6th April 2024

Breast Conservation Surgery





82 yrs Female
Operated for Breast Cancer
Segmental Mastectomy Both sides
32 yrs and 29 yrs earlier
Disease free



Seg. Mastectomy For Central Tumour



BIGGEST CHALLENGE

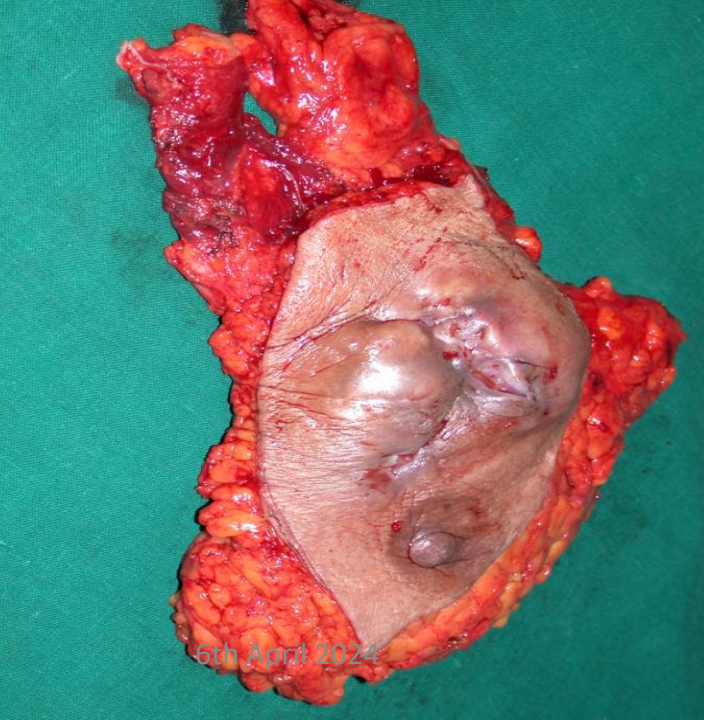




92 yrs F , having multiple problems,
tumour about to burst,
MRM done,
post-op uneventful & comfortable

*Palliative Care
for Metastatic BC*

***Had Mets in
Lungs,
Neo-adj.CT,
good response,
Followed by
Surgery***



Patient Care

Innovations / Modifications

Started in PGI

- Laparoscopic Surgery

- Stapler Surgery

- Mini Cholecystectomy through 2.5 cms incision

- Endoscopic Management of Biliary Trauma

- Use of Zipper for closure of Abdomen

- Abbreviated surgery for Poor Risk Patients



Patient Care
Head & Neck
Onco Surg.
Case in 2080



DR.B.C.ROY AWARD



Teaching & Training
Have been always in
Academic Institutes
For 40 years

- **Written 10 books**
- **Published 125 sci. Papers**
- **Delivered 25 named orations**
- **Attend 20 -25 prof. meetings Every year**



Breast Cancer Awareness Month
Exclusive Book Release function

15th October 2022
 Bhargava Auditorium, PGI, Chandigarh

Books Being Released



A Multi-center, Multi-author reference book
 (Published by SPINDLETORE)



Chief Guest:

Hon'ble Shri Banwarilal Purohit
 (Governor of Punjab & Administrator, Chandigarh)

Guest of Honour

Prof. N.K. Ganguly
 Director General

Prof. Vitek Lal
 Prof. Parvina Shrivastava



PROF. V. SEENU

MR. MAC SARIN

PROF. S.N. BOSE

SHRI BANWARILAL PUROHIT

PROF. N.K. GANGULY

PROF. VITEK LAL

PROF. PARVINA SHRIVASTAVA







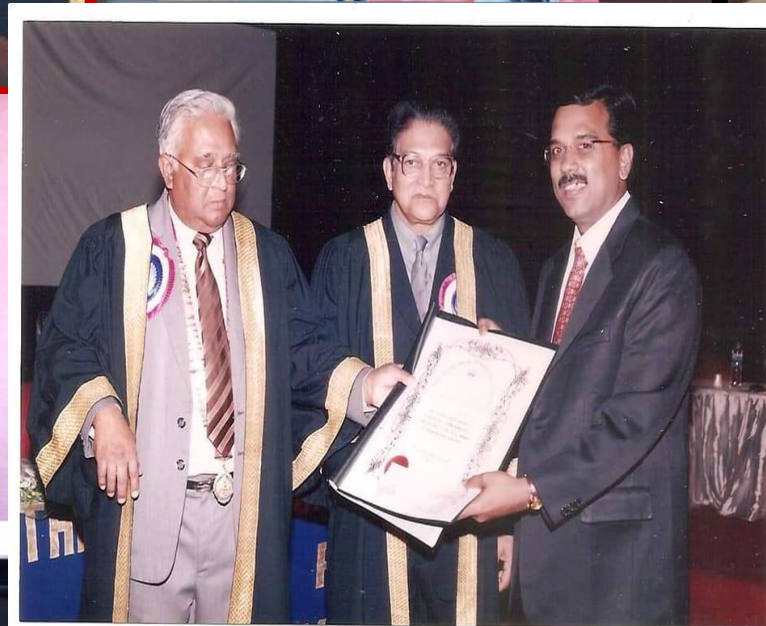
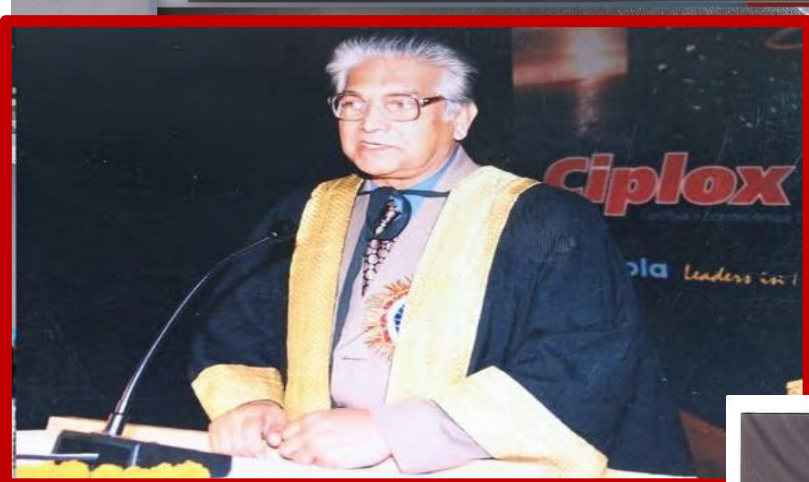


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With Prof. Blumgart of MSKCC, NY



Research

Innovations / Modifications

- ❖ **Non-operative Management of Haemoperitoneum due to Blunt Trauma Abdomen**

Pioneering work

Recd MCI National Award for Distinguished Research 2002





**MRM /
BCS
under
Local
Anaes**



EXCISION OF FIBROADENOMAS / FIBROCYSTIC DISEASE OF BREAST IS USUALLY PRACTISED



- ***MEDICAL Management of
FIBROCYSTIC DISEASE & Fibroadenomas***

Medical Management

Use of contraceptive pill SAHELI

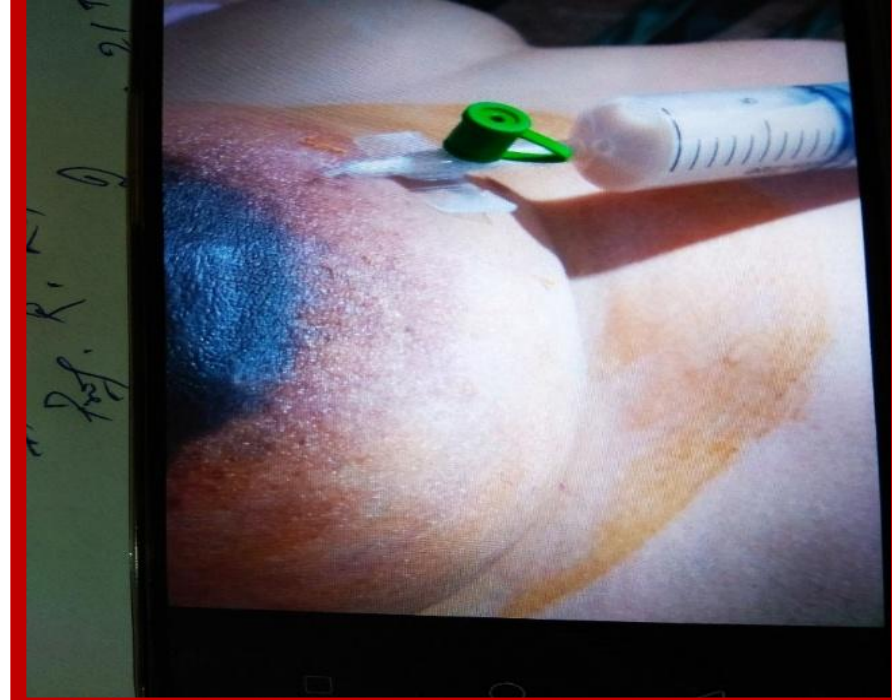
1 PILL EOD with close follow up

Novex / Sevesta are other substitutes.

Breast Abscess

- USUAL PRACTICE IS I & D
- CAN BE MANAGED
WITH SIMPLE ASPIRATION

ACUTE BREAST ABSCESS



Aspiration Treatment for Breast Abscess



LARGE BREAST ABSCESS
Recovered fully after Tube Drainage

**RUPTURED BREAST ABSCESS
With Diabetes Mellitus &
Gangrene of Breast Segment**



AFTER COMPLETION OF OPERATION



Granulomatous Mass



**WIDE EXCISION
RECOVERED FULLY**



- **Organisational & Admn Activities**

- involved in organisational activities right from school days.
- **In GRMC, Gwalior** - General Secretary, Games Captain, President GGSA, President IMSA

In PGIMER

HOD Surgery,
Jt Medical Supdt,
Admn IC Emgc Services & Procurement,
President Faculty Assocn,
Chairman Inst Functions Committee,
Cultural Committee, Infn Control,
OT Management Committee

- **ASI** - National President, Gov Council Member for 6 years
- **IASG** – National President
- **CHD Surg Soc.-** President
- **NAMS** – Council Member & Chairman Acad. Committee

• Since 1967 Associated with academic and organizational activities of ASI. > 40K Life Members

• HAVE RECEIVED FIVE NATIONAL AWARDS FROM ASI HEAD OFFICE AND 10 ORATION AWARDS FROM ASI STATE CHAPTERS.

• For more than half a century , have been criss crossing the country & the world,

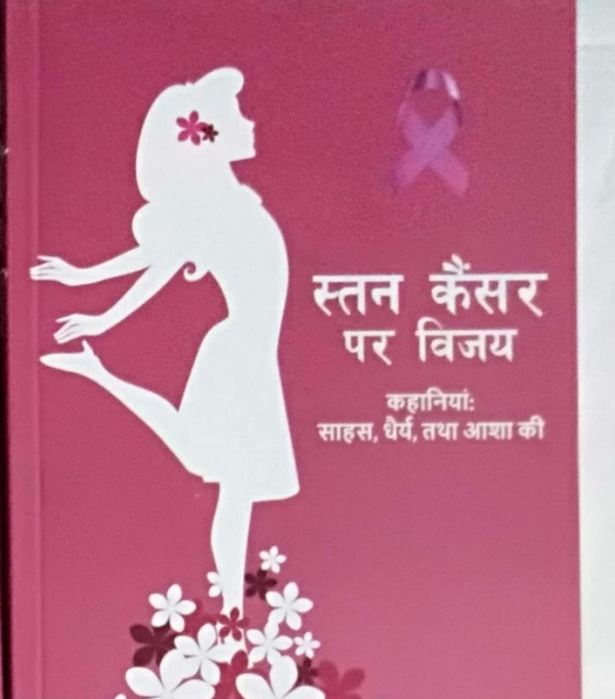
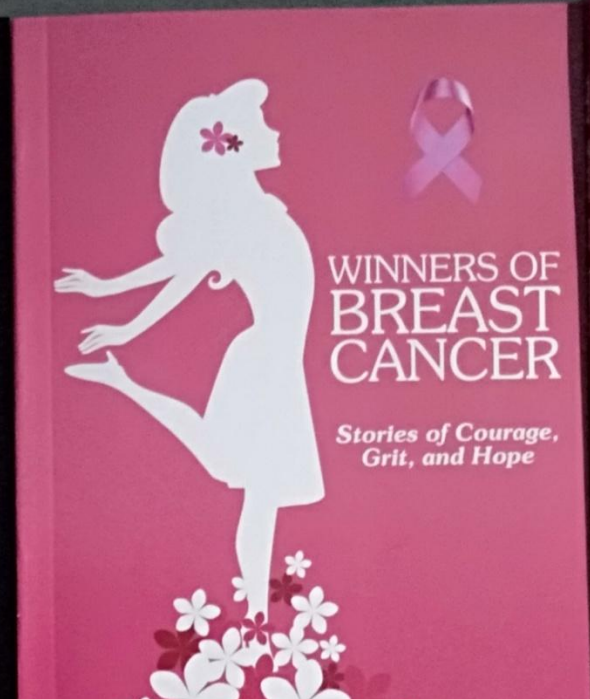
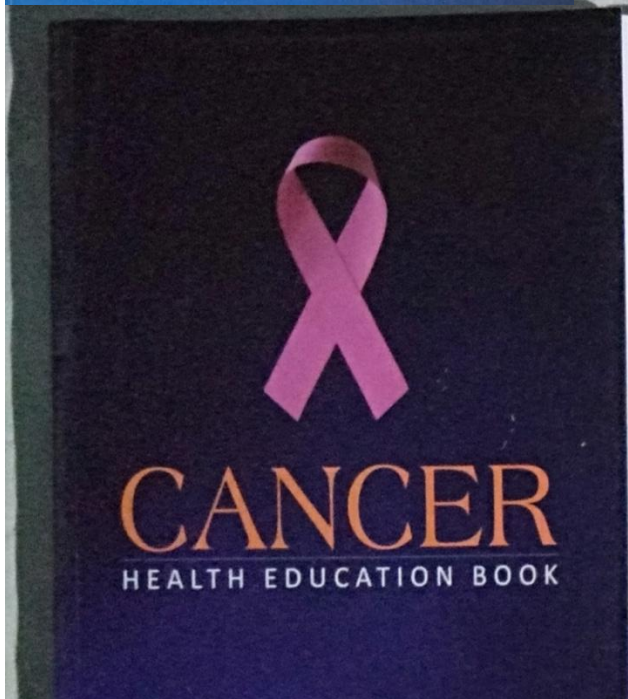
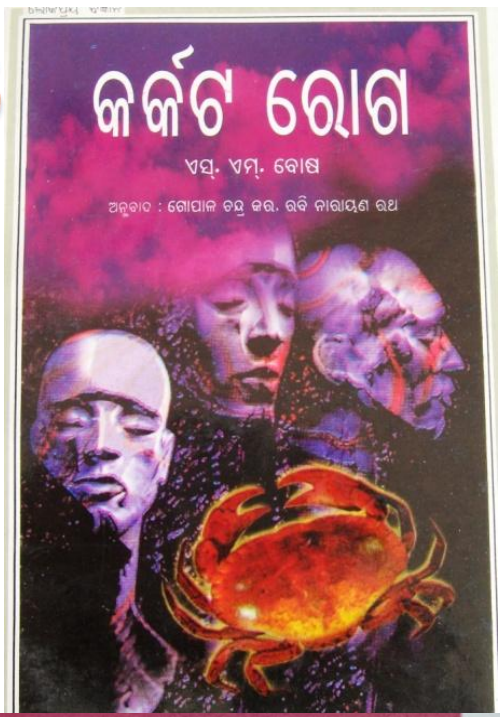
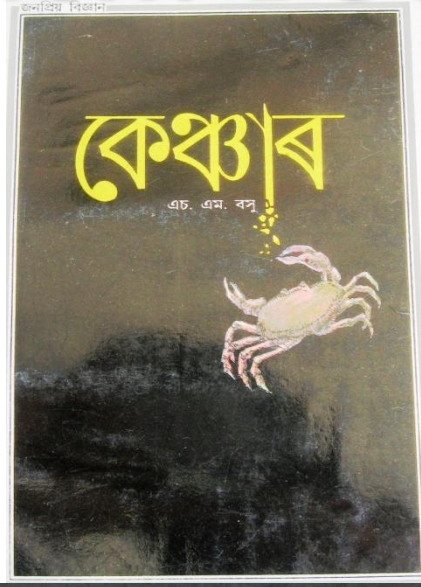
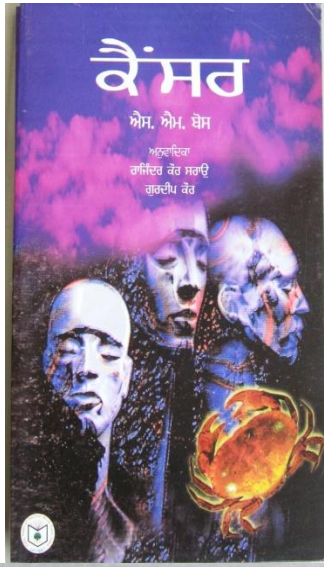
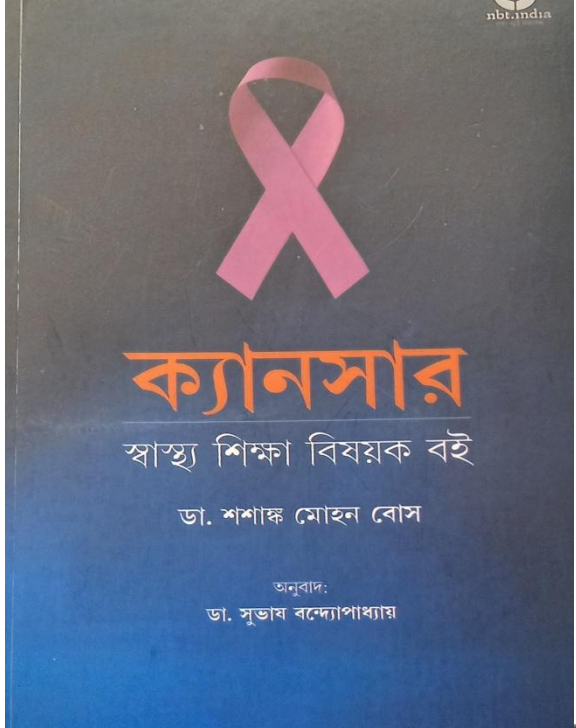
• Have befriended thousands of Surgeons showering me with Love, Respect & Blessings.

Health Awareness & Health Education

- Have published 10 books.
- 150 Articles in Popular newspapers
- Delivering lectures in schools, colleges, clubs, association meetings in India and abroad
- ❖ **Recd. National Award from DST for Distinguished Communication skills**



Health Educn. Books



Breast Cancer

Comprehensive Management

Editor-in-Chief

Shashanka Mohan Bose

Editors

Suresh Chander Sharma

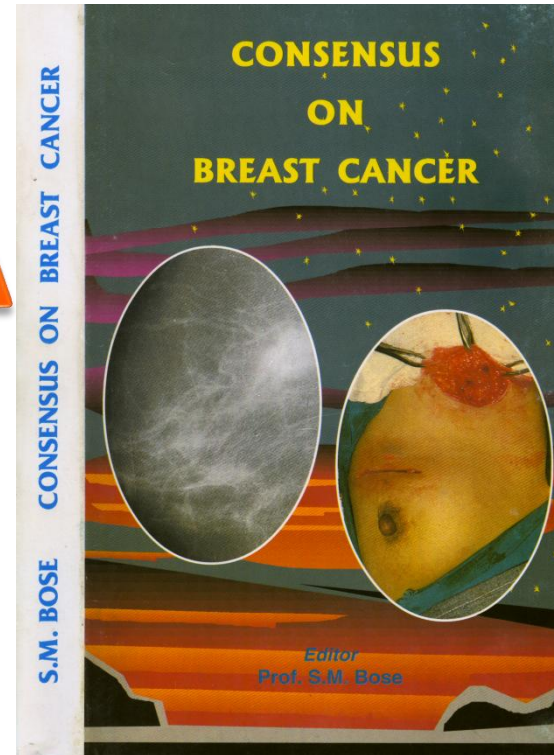
Alok Mazumdar

Robin Kaushik

 **Springer**

CONSENSUS ON BREAST CA

Prof.S.M.Bose





H O B B - E S





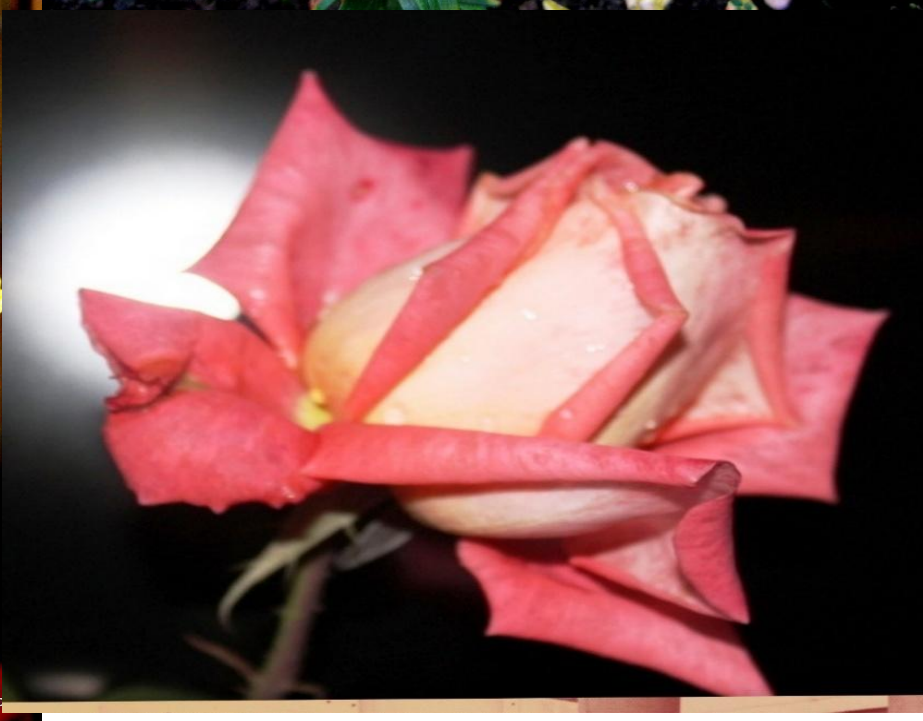
SMB
Hobbies - Photograph



Hobbies - Photography



SMB
Hobbies - Photograph



I BOW MY HEAD WITH RESPECT TO

- *my teachers , trainers, guides, mentors & motivators
- *my colleagues, residents, friends, for having walked with me
- *my patients who deeply believed in me
- *MY PROFOUND GRATITUDE TO MY PARENTS, WIFE, THREE DAUGHTERS & FAMILY MEMBERS FOR UNSTINTED SUPPORT, ENCOURAGEMENT, PATIENCE & TOLERANCE TO MY EVER BUSY, ERRATIC & IRREGULAR LIFE STYLE.

I shall end with a small prayer, God Almighty if there is another life after the present one , then please make me a SURGEON again and please make me better than what I am today



My Paternal Family

My Family



THANKS





CANCER

HEALTH EDUCATION BOOK



कैंसर



WINNERS OF BREAST CANCER

*Stories of Courage,
Grit, and Hope*



स्तन कैंसर पर विजय

कहानियां:
साहस, धैर्य, तथा आशा की

Saheli is a non-hormonal oral contraceptive pill developed by the C D R, Lucknow.

First non-steroidal oral contraceptive pill introduced in 1991. Saheli uses the active ingredient Centchroman, which has a unique combination of weak estrogenic and potent anti-estrogenic properties to prevent pregnancy without disrupting the normal menstrual cycle.

Saheli is prescribed twice a week
for 3 to 6 months.

Novex / Sevesta are other substitutes.

Indian Surgical world.

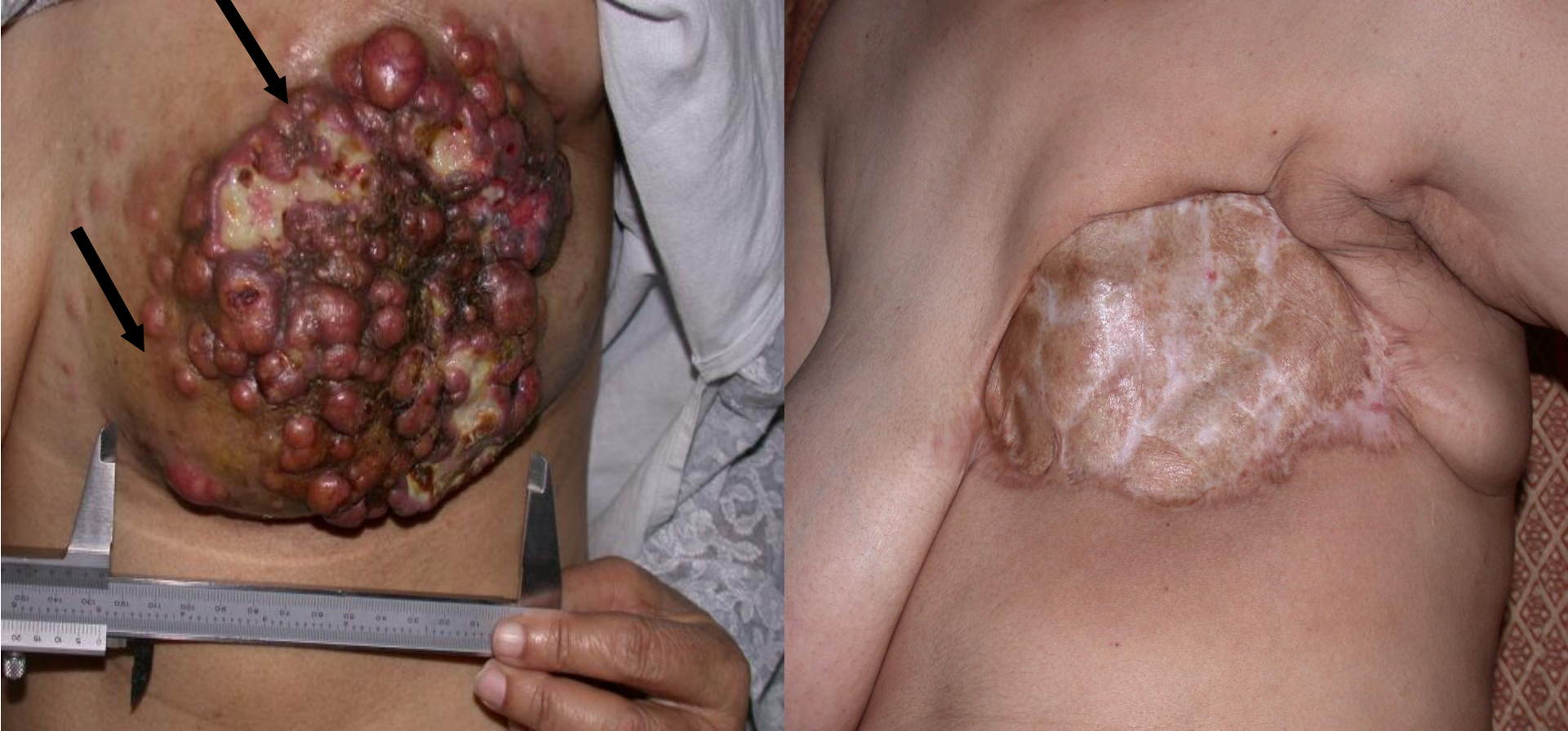
Dear friends, I am a product of GRMC Gwalior and PGI Chandigarh but have been lucky to be trained in some of the best Institutes of the world. This created deep interest in me for all the three arms of surgery namely patient care, teaching and research, and I was fortunate to receive National Awards from Presidents of India for these.

On this auspicious and proud moment ,

*I shall like to bow my head with respect to my teachers and trainers,
*my colleagues and friends of all categories who have walked with me,
*my patients who have deeply believed in me,
*my profound gratitude and thanks to my wife, three daughters and family members for their unstinted support, encouragement and tolerance.

I shall end with a small prayer, God Almighty if there is another life after the present one , then please make me a surgeon again and please make me better than what I am today.

Friends, Thank you all, long live ASI



Ext. Rad. Mastectomy With SSG
Neo-Adj CT, RT, HT
Disease Free 9 yrs

