

## **Instructions to Authors**

The Annals of the National Academy of Medical Sciences (India), appearing quarterly welcomes the submission of original contributions in all topics of biomedical sciences. Submission of a manuscript for publication in this journal implies that it has not been published and is not under consideration for publication elsewhere.

Review articles will be featured only by invitation. In the case of a multi-author submission, the contribution of each author must be clearly stated. The authors must declare conflict of interest, if any.

Three copies of the manuscript and a CD containing the manuscript complete with tables and figures should be submitted to: The Editor, Annals of the National Academy of Medical Sciences (India), NAMS House, Ansari Nagar, Mahatma Gandhi Marg, New Delhi-110 029.

### **Preparation of Manuscript**

Type the manuscript on one side of bond paper of standard A4 size with 2.5 cm margin all around in double spacing throughout, including the title page, text, acknowledgement, references, tables and legends for illustrations.

### **Title**

The title page should carry (1) the title of the article; (2) a short running title of not more than 10-12 words or 40 characters; (3) name of each author: first name, middle initial and surname; (4) name of the department(s) and institution(s) to which the work is attributed; (5) name and address of the author responsible for correspondence.

### **Text**

The second page should carry an abstract of not more than 150 words and should state the purpose of study, basic procedures, main findings and the principal conclusions. Below the Abstract three to ten keywords or short phrases that will assist indexers should be provided. The third page should begin with the main text which should usually, but not necessarily, be divided into sections with headings: Introduction, Methods, Results and Discussion. In Discussion, emphasis should be given to the new and important aspects of the study and conclusions. The data given in the Results should not be repeated. The Discussion should include the implications of the findings and their limitation and observations should be related to the other relevant studies. Conclusion(s) should be linked with the goals of the study but unqualified statements and conclusions not completely supported by the data should be avoided. At the end of the text under Acknowledgement(s), person(s) who have made substantial contribution(s) to the study may be acknowledged.

### **References**

References to literature cited should be numbered by arabic numerals in parenthesis in the text. At the end of the text on a new page the list of References by numbers as cited in the text should be provided. The style of the examples as given below should be used. The title of the journal(s) should be abbreviated according to the style used in Index Medicus and printed in its January issue each year. Some examples are given below:

## Journals

### Standard journal article

List all authors when six or less; when seven or more, list only first three and add *et al* after a comma, e.g.

Yan T, Chopp M, Ye X, *et al* (2012). Niaspan increases axonal remodeling after stroke in type 1 diabetes rats. *Neurobiol Dis* **46**:157-164.

You CH, Lee KY, Chey WY, Menguy R (1980). Electrogastrographic study of patients with unexplained nausea, bloating and vomiting. *Gastroenterology* **78**: 311-314.

### Corporate author

The Royal Marsden Hospital Bone-Marrow Transplantation Team (1977). Failure of syngeneic bone-marrow graft without preconditioning in post hepatitis marrow aplasia. *Lancet* **2**:242-244.

### No author given

Anonymous (1981). Coffee drinking and cancer of the pancreas (Editorial). *Br Med J* **283**: 628.

### Books and Monographs

#### Personal author(s)

Eisen HN (1974). Immunology: An Introduction to Molecular and Cellular Principles of the Immune Response, 5<sup>th</sup> edn. New York: Harper and Row, 406-416.

#### Editor(s), compiler(s) as author

Dausset J, Colombani J, eds. (1973). *Histocompatibility Testing 1972*. Copenhagen: Munksgaard, 12-18.

#### Chapter in a book

Weinstein L, Swartz MN (1974). Pathogenic properties of invading microorganisms. In: *Pathologic Physiology: Mechanisms of Disease*. Sodeman WA Jr, Sodeman WA, eds. Philadelphia: WB Saunders, 457-472.

Gutstein HB, Akil H (2001). Opioid analgesics. In : Goodman and Gilman's *The Pharmacological Basis of Therapeutics*, 10<sup>th</sup> edn. Hardman JG, Limbird LE, Goodman Gilman A, eds. New York : McGraw Hill, 569-619.

## Legends for Illustrations

Type legends for illustrations and Figures double spaced, starting on a separate page, with arabic numerals corresponding to the illustration. When symbols, arrows, numbers, or letters are used to identify parts of the illustration, identify and explain each one clearly in the legend. Explain internal scale and identify method of staining in photomicrographs.

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