VENOUS Interventional Radiology With Clinical Perspectives

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Venous Issues & Role of IR

Today while in clinical Practice I See...........

- Interventional Radiology is a Boon for Patients with Venous Problems.
- Open Surgery compared to IR Techniques for venous interventions has poor outcome.

Venous Surgeries!

- Unlike arteries, the veins are difficult animals to tame surgically
- Post surgical failure rates are high
- Certain surgical methods have become obsolete in modern medicine

The List of Venous IR procedures is too LONG.......

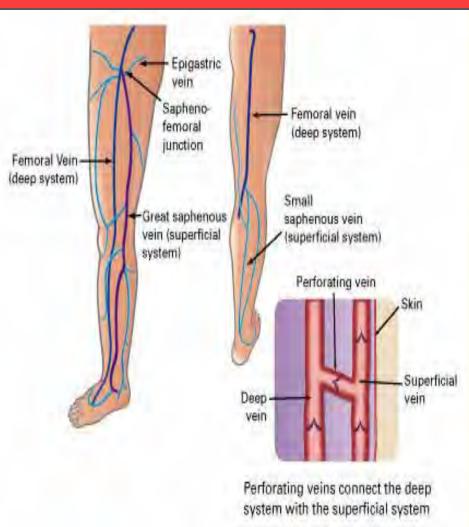
- 1. Varicose veins
- 2. VTE: DVT, PE, Sinus thrombosis etc
- 3. Hemodialysis access Interventions
- 4. Embolization & Sclerotherapy: Varicocele, PCS, VM
- 5. Hepatic & Portal Interventions: TIPSS, HVOTO, BRTO etc
- 6. Venous Access: PICC, Ports, Tunneled HD cath
- 7. Venous Sampling
- etc.....

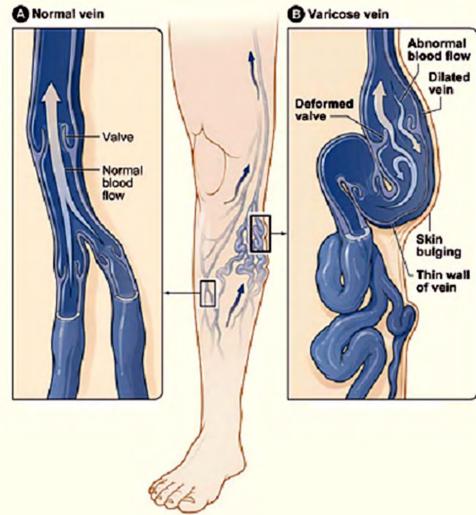
Varicose veins: Definition

- Varicose veins are veins that have become
 - Long,
 - tortuous and
 - dilated
- due to non-functional valves



Varicose Veins



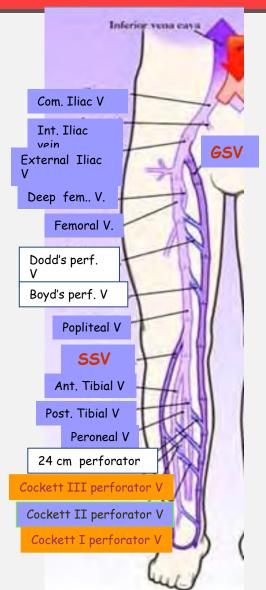


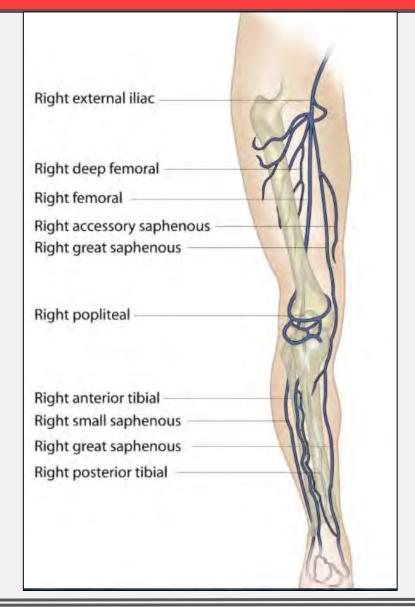
Veins of Lower Limb

- Superficial veins: Great Saphenous, Small Saphenous vein & their tributaries.
 Thick walled b'coz of presence of smooth muscle, some fibrous & elastic tissue in their wall.
- Deep Veins: ATV, PTV, Peroneal vein, PV and femoral veins & their tributaries. The Valves are more numerous in Deep veins.
- Perforating Veins: Their valves permit only one way flow of blood, from the superficial to the deep veins.
- **5** Perforators along GSV.
- 1 Perforator along SSV.

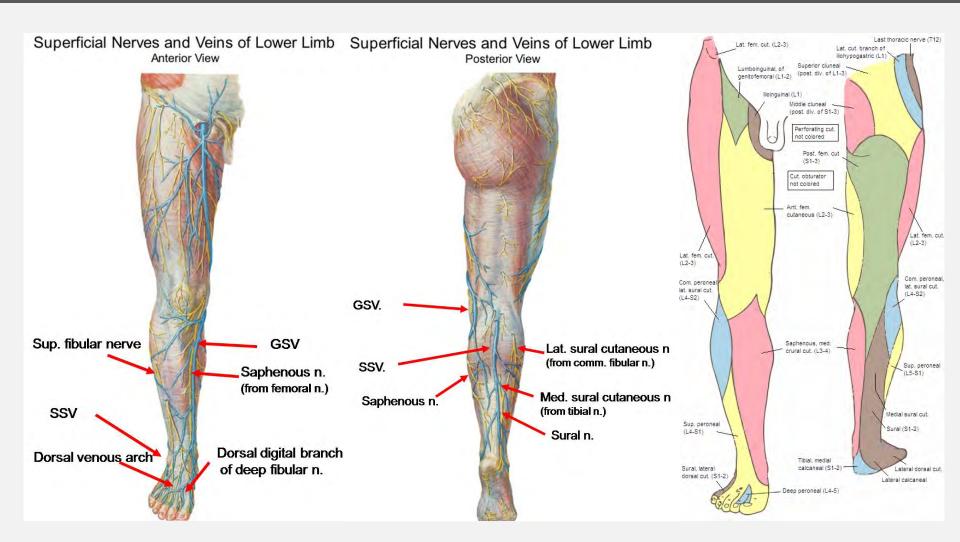


Venous Anatomy Of Leg





Associated Nerve Anatomy Of The Leg



VARICOSE VEINS: PATHOPHYSIOLOGY CONGENITAL PRIMARY SECONDARY **VENOUS VALVE** DILATED **VEINS** DYSFUNCTION CHRONIC VENOUS INSUFFICIENCY Sequaele Dilated veins **Symptoms** Edema (C3) -reticular veins / Lipodermatosclerosis (C4) telangectasis(C1) Pigmentation (C4) -varicose veins(C2) - Stasis ulcer(C6)

Risk Factors



Long hours of standing and sitting posture



Increasing age



Family history



Congestive heart failure

- •Increasing age
- •Family history
- •Congestive heart failure and thrombus obstruction
- Obesity
- •Long hours of standing and sitting posture
- Pregnancy



Revised CEAP Classification for chronic venous diseases

Clinical classification

CO: No visible or palpable signs of venous disease

C1: Telangiectasies or reticular veins

C2: Varicose veins

C3: Edema

C4a: Pigmentation or eczema

C4b: Lipodermatosclerosis or atrophie blanche

C5: Healed venous ulcer C6: Active venous ulcer

S: symptomatic, including ache, pain, tightness, skin irritation, heaviness, and muscle cramps, and other complaints attributable to venous dysfunction

A: asymptomatic



Etiologic classification

Ec: congenital

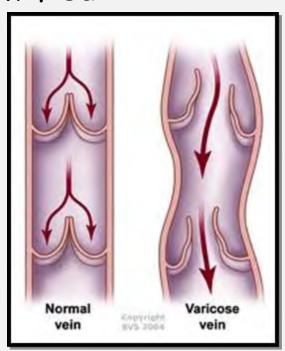
Ep: primary

Es: secondary

(postthrombotic)

En: no venous cause

identified



Anatomic classification

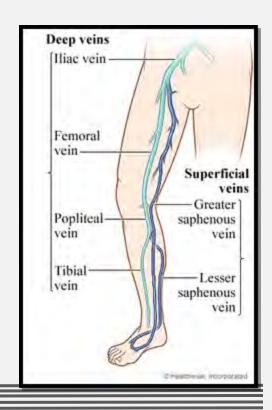
As: superficial veins

Ap: perforator veins

Ad: deep veins

An: no venous location

identified





Pathophysiologic classification

Basic CEAP

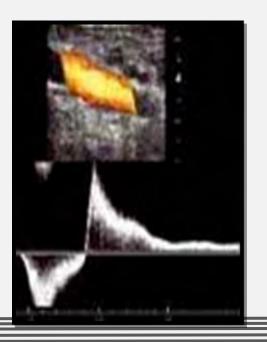
Pr: reflux

Po: obstruction

Pr,o: reflux and obstruction

Pn: no venous pathophysiology

identifiable







Signs and Symptoms of VV

- Burning or itching
- Night Cramps
- Throbbing pain
- Stinging sensation
- Swelling in the legs
- Leg heaviness or fatigue
- Skin







Diagnosis

✓ DOPPLER

 >_ 0.5 second reflux (retrograde flow) on Valsalva maneuver is used to identify pathological reflux in patients with valvular incompetence.

Treatment: Why not Open Sx









Endovascular Options

Diode Laser
Wave lengths
1470nm, 980nm, 810nm



Thermal energy



IR way





Sclerotherapy



Case 1





PRE - ABLATION
CEAP class: C2EpAsPr

POST - ABLATION Clinical CEAP class: CO

VDS=0



60 yr old male patient from Orissa With Non-healing Venous Ulcer C6 Ep As Pn

PRE - ABLATION VDS=2





POST - ABLATION VDS=0 22





PRE POST



POST POST PRE 1 MTH 3MTH



VDS 1



VDS 0

CEAP GRADE C2



CEAP GRADE CO







Case 10

POSTOPERATIVE

PREOPEARTIVE







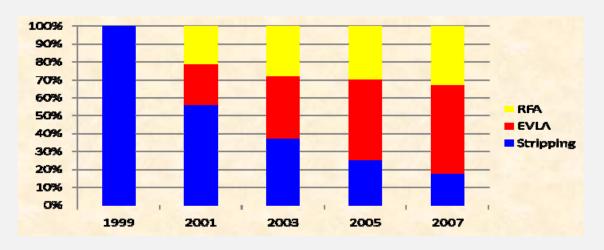


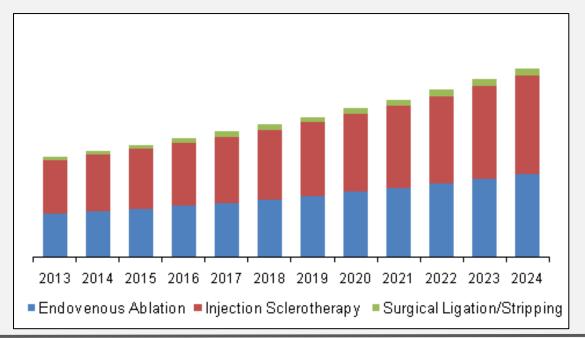
Advantages of IR are Obvious

- Minimally invasive and better alternative to vein stripping.
- Day Care Procedure.
- Post-procedure Early ambulation and Less pain/bruising.
- No Major complications if performed by an expert.

No Doubt!

Changing Trend of Surgical Interventions for Varicose Veins





Interventional Radiology in VTE

- Acute DVT
- Chronic DVT
- Pulmonary Embolism
- Role of IVC Filter

DVT: Hits Twice !!!!

- 1ST Hit: Acute DVT: Sudden Onset Pain, Swelling, SOB, Risk of PE (Comes as a Surprise to Patient)
- 2nd HIT: Chronic DVT: Swelling, Leg Claudication Pain, Ulcers, PTS, Poor QOL, Depression etc

2ND HIT= Chronic DVT = PTS= BIGGER Problem Very Few Physicians anticipate these during Acute phase!

PTS:

- 1.Claudication Pain
- 2.Persistent Swelling
- 3.Leg Heaviness
- 4.Leg Ulcers
- 5. Severe Morbidity, Poor Quality of Life
- 6.Depression etc

IR can Prevent this 2ND HIT which is much worse









ACUTE DVT: "Quick Bite"

Except in few Situations (i.e Absolute Contraindications)
Acute DVT for sure needs something better than "Just Anticoagulation"

Phlegmasia Cerulea Dolens

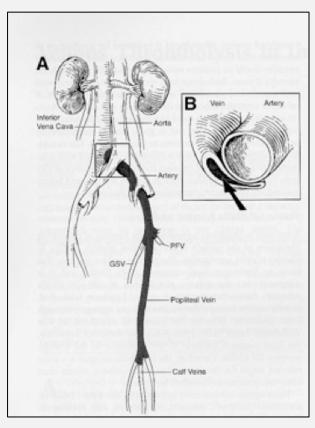


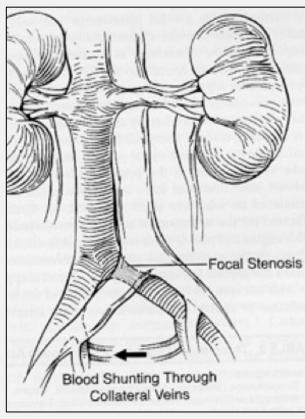
Traditional methods of Rx- ACUTE

- Anticoagulate
- Rest
- Elevation
- Majority resolve only Clinically (Valve function is lost, Recanalization of lumen is just partial)
- When treated with anticoagulation alone, at 5 years:
- 90% venous insufficiency
- 15% stasis ulcers
- 15% venous claudication
- 40% have restricted ambulation



Does Laterality matters: MAY THURNER SYNDROME

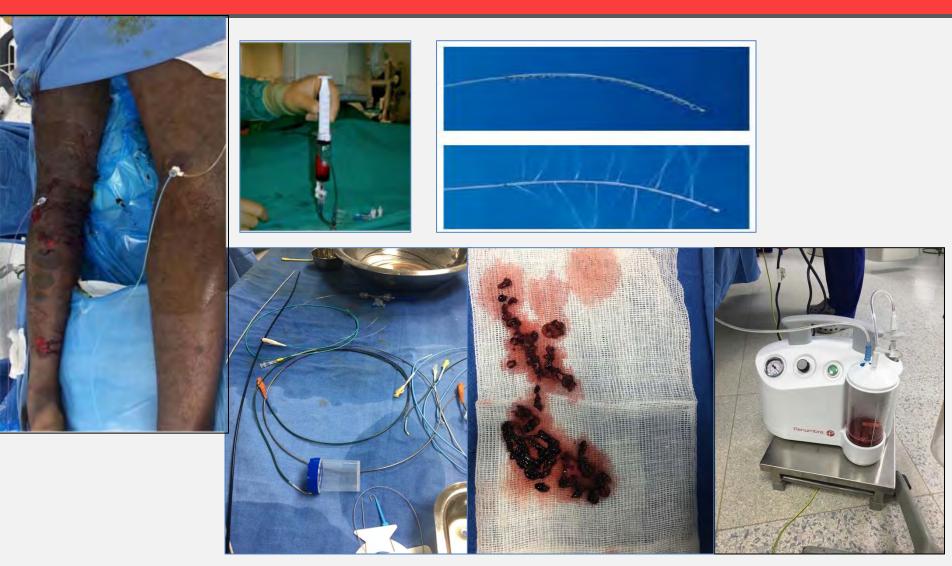




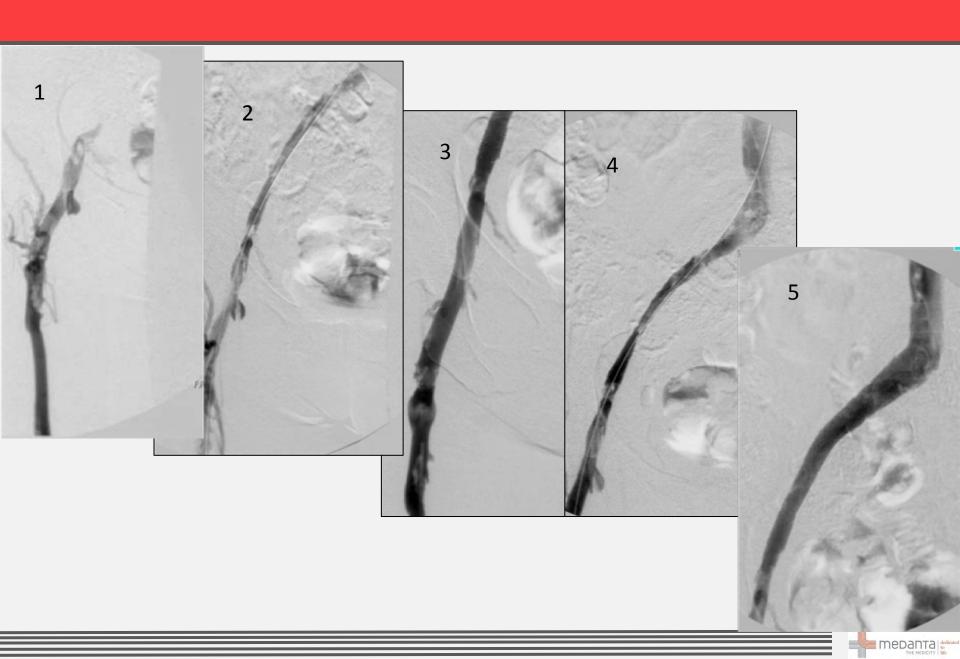




CDT Technique: Pharmacomechanical thrombolysis/thrombectomy



How Black n White Improvement is seen!



Role of endovascular approach (CDT)

- ✓ Major benefit is the alleviation of acute symptoms within a span of 1-2 days.
- ✓ Prevents clot to hardens
- ✓ Prevents permanent damage to the vein valve
- ✓ No need to wait for clot to lyse, which can take months or years or maybe never happens.

"So the real benefit is that CDT can eliminate the clot early, maintain the valves, maintain the vein function, and potentially ward off PTS".

PRE & POST CLINICAL IMAGES

PRE



Post



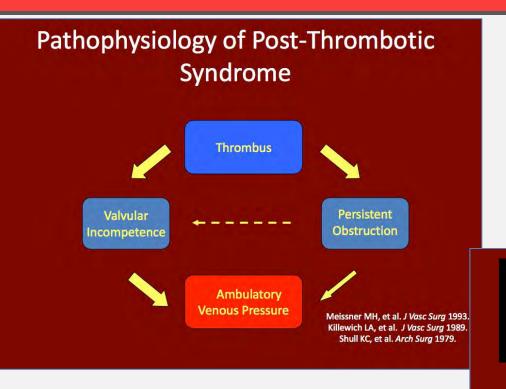
PRE & POST CLINICAL IMAGES



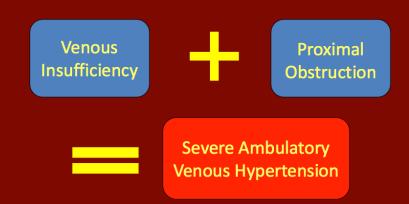




Chronic DVT:What causes PTS?



Ambulatory venous hypertension is most severe when venous insufficiency and proximal obstruction coexist



Chronic DVT:

Radiology & IR again plays very Imp role ..

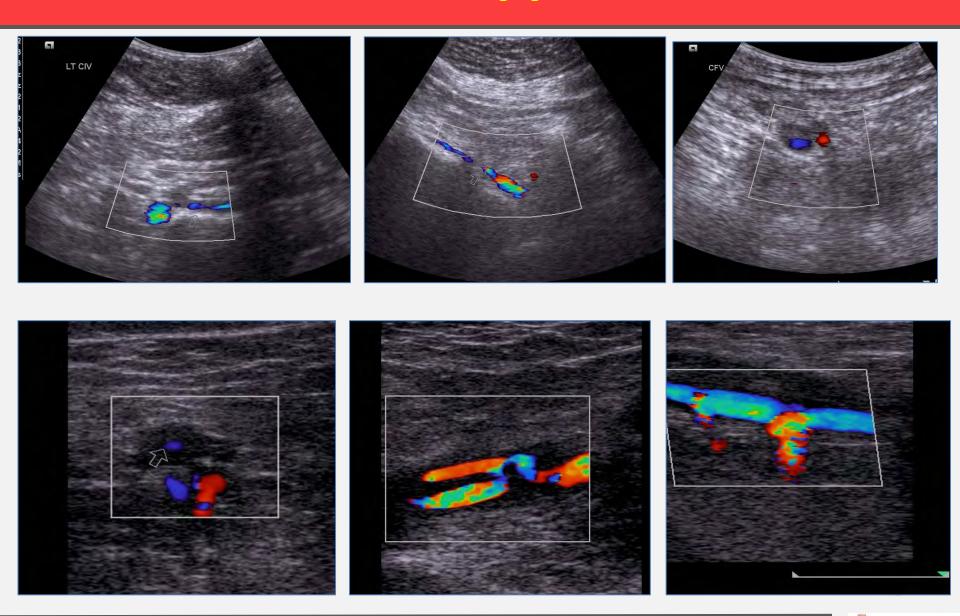
VENOUS US/DOPPLER:

- Quick, Access planning, Surveillance
- •Iliac/IVC imaging is difficult (obesity, bowel gas)

CT AND MR VENOGRAPHY:

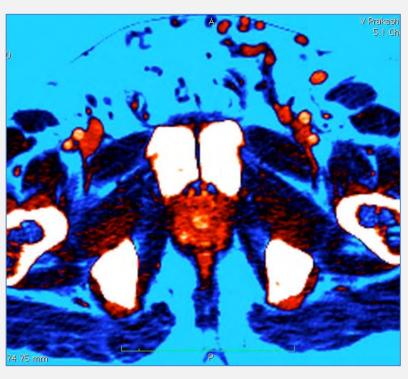
- Very useful for planning intervention
- Status of IVC/Iliac veins/ Profunda
- Try to apply tourniquet/DVT pump during scan

US/Doppler

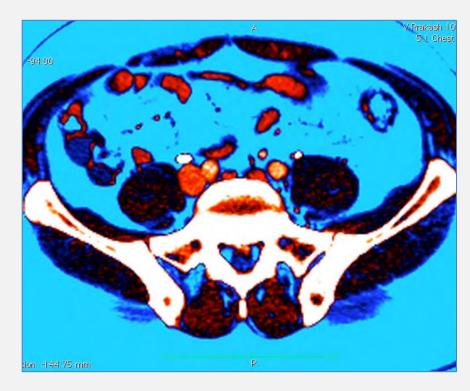


CT Venography

Cross pubic collaterals

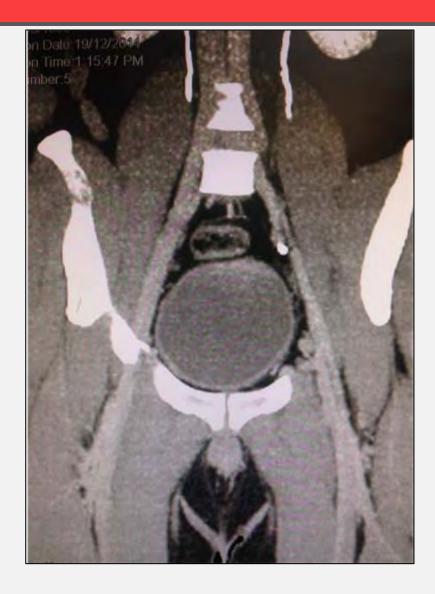


Stenotic iliac vein



CT Venography





Position, Drape & Access

Left Leg Venous Ulcer



Right CFV & Left GSV Access



Right IJV Access



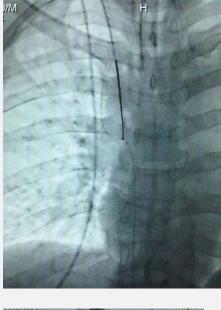


Procedure: Step by Step

















COMPARISON: Pre vs POST



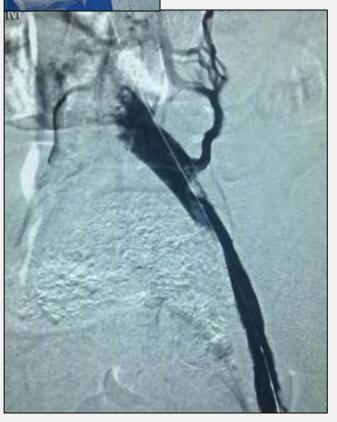


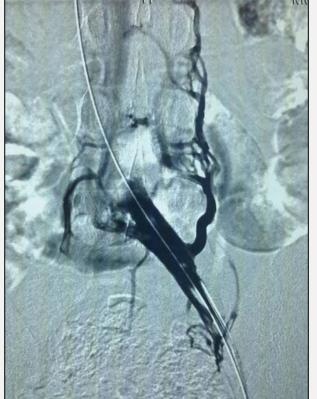




Case 1: Only CIV-IVC confluence Occlusion (Left Leg)

32/M with Chronic DVT & PTS



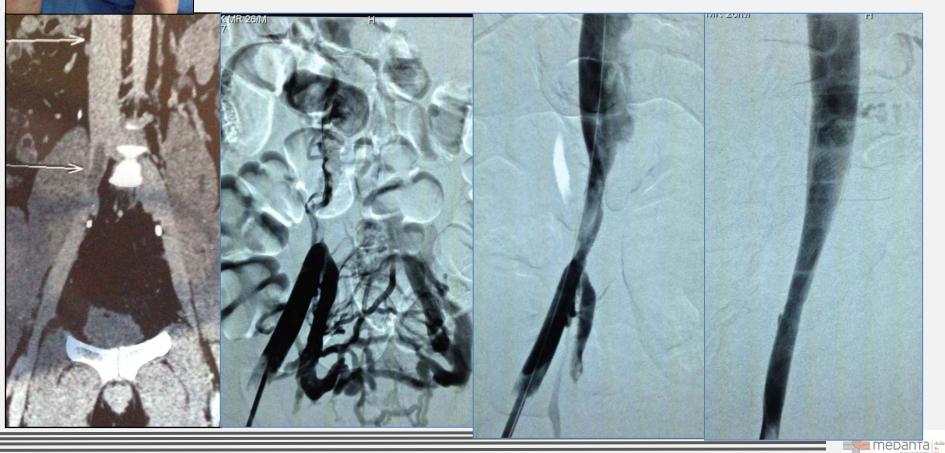






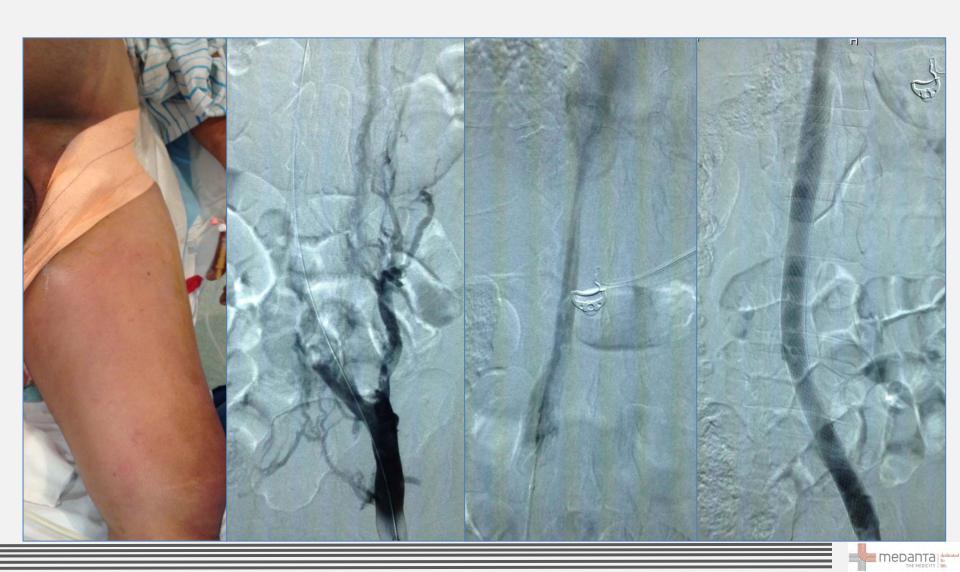
Case 2: Again Proximal Occlusion (Right Leg)

24y/M with h/o DVT with PE 3 years ago, now comes with constant swelling right leg & venous Claudication



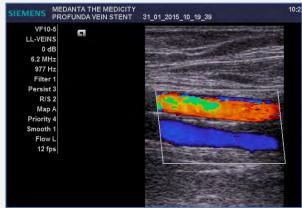
CASE 3: ILIO+CAVAL OCCLUSION

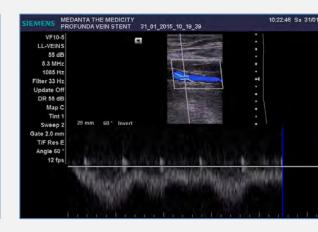
48/M with B/L leg swelling & Left leg recurrent venous ulcers

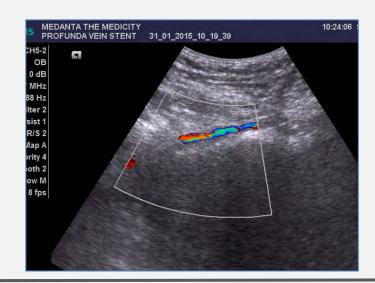


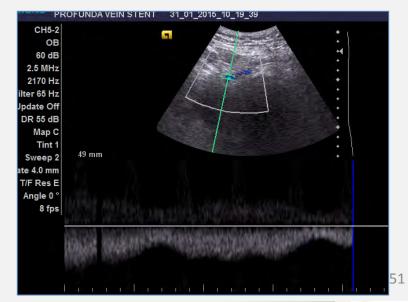
US/DOPPLER- Post Stenting







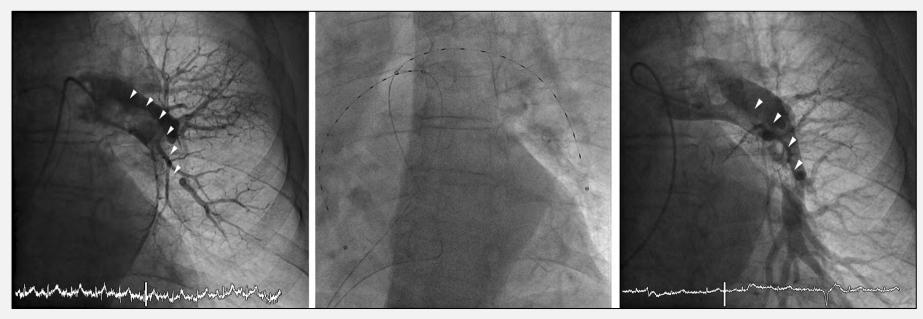




Literature Review: Iliac & IVC Occlusions

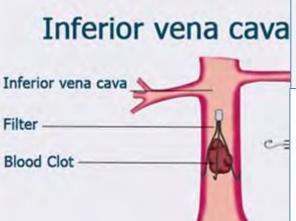
				Patency
O'Sullivan 2000	39	May-Thurner	Iliac	87% 30-d
Neglen 2000	59	May-Thurner	Iliac	60% 2-yea
Abu Rahma 2001	18	May-Thurner	Iliac	83% 1-yea
Kolbel 2009	66	Post-Thrombotic	Iliac	67% 2-yea
Wahlgren 2010	21	Post-Thrombotic	Iliac	61% 1-yea
Abu Rahma 2001	78	Post-Thrombotic	IVC & Iliac	52% 2-yea
Raju 2002	38	Post-Thrombotic	IVC & Iliac	49% 2-yea
Paulsen 2004	41	Post-Thrombotic	IVC & Iliac	58% 6-mc
Raju 2009	139	Post-Thrombotic	IVC & Iliac	44% 2-yea

CDT for B/L Massive PE



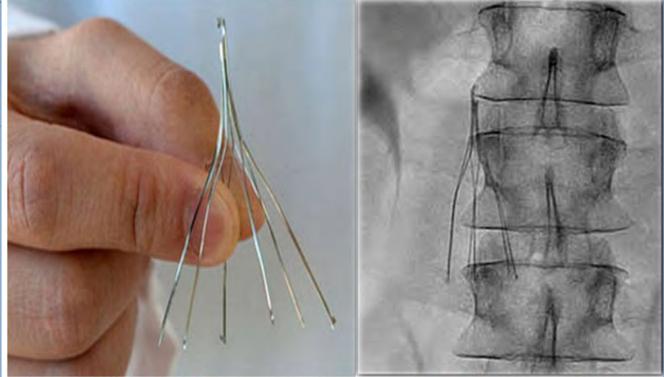
- CDT is potentially life-saving in selected patients with massive or submassive PE.
- Can be performed when there are contraindications in systemic thrombolysis or when emergency surgical thrombectomy is unavailable or contraindicated.
- Catheter interventions can also be performed when thrombolysis has failed to improve hemodynamics in the acute setting.
- Both catheter-based clot fragmentation and local thrombolysis is strategy.
- The goals of CDT are (1) rapidly reducing pulmonary artery pressure, RV strain, and pulmonary vascular resistance (PVR); (2) increasing systemic perfusion; and (3) facilitating RV recovery.

IVC Filter



- Retrievable
- Non Retrievable

Indications for IVC filter

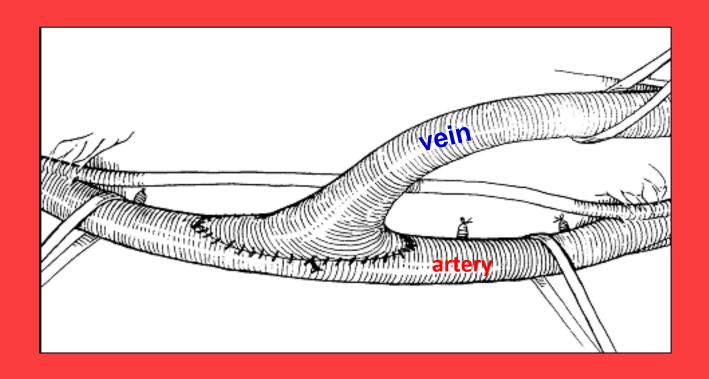


- 1. At risk for DVT/PE with absolute contraindication to anticoagulants
 - . Recurrent DVT/PE in spite of anticoagulation

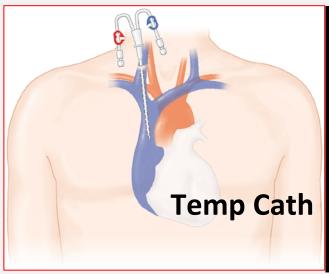
www.drsvenkatesan.co.in



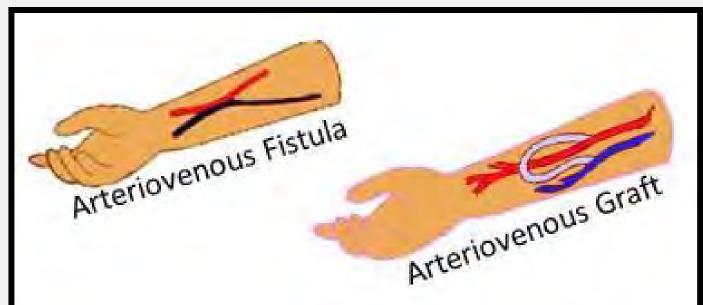
VENOUS INTERVENTIONS IN HEMODIALYSIS ACCESS







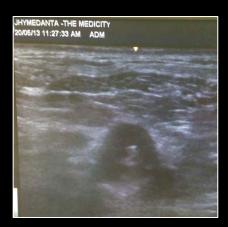




RADIOLOGY SKILLS: USG & Fluro



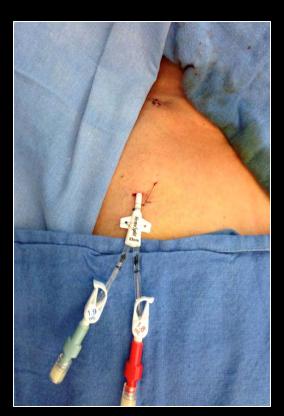






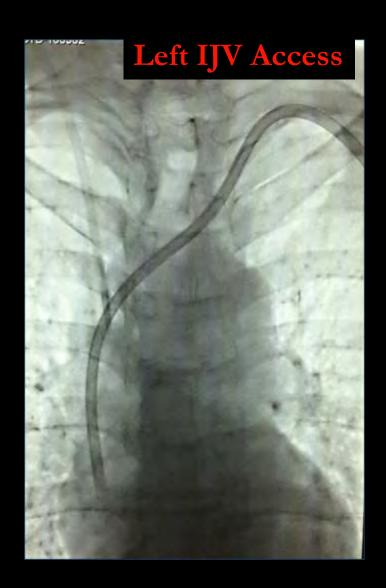






PERMACATH





Groin Permacath





AVF/AVG Interventions Case Scenarios

- 1. Cannulation Zone Pseudoaneurysms In AVF
- 2. Juxta-Anastomotic/Swing segment Stenosis In AVF
- 3. Venous Anastomotic Stenosis In AVG
- 4. AVG Thrombosis
- 5. Central Venous Stenosis: Swelling, SVC Syndrome & Non usable AVF/AVG
- 6. Competing Vein "Steal" Phenomenon

Black & White!

PRE



POST



Real Benefit!

PRE POST





Black & White

PRE POST



Clinical

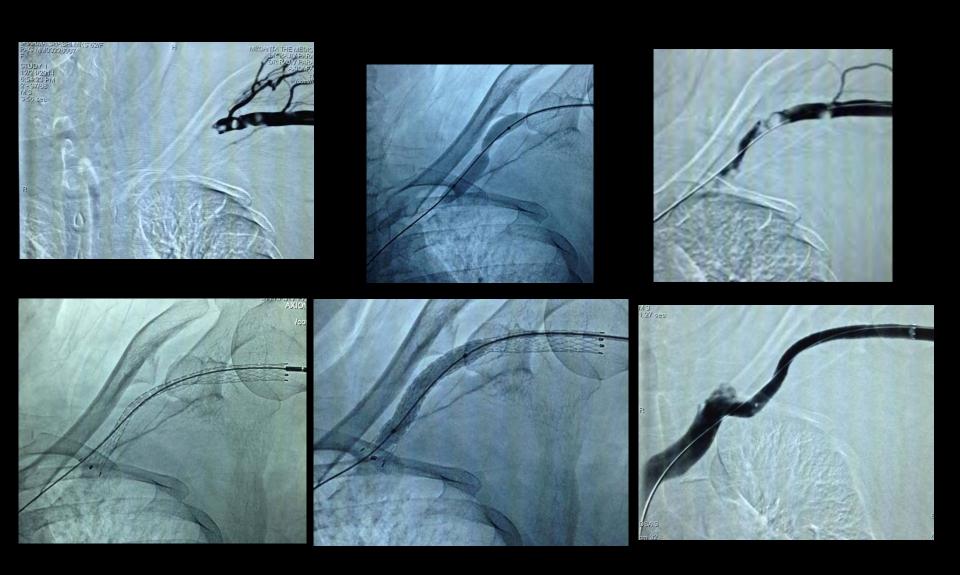
Pre



Post

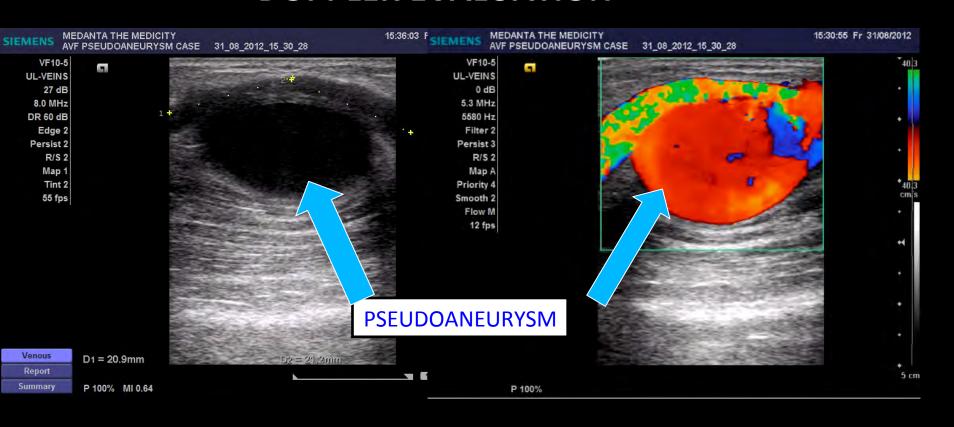


Cephalic Arch Lesions

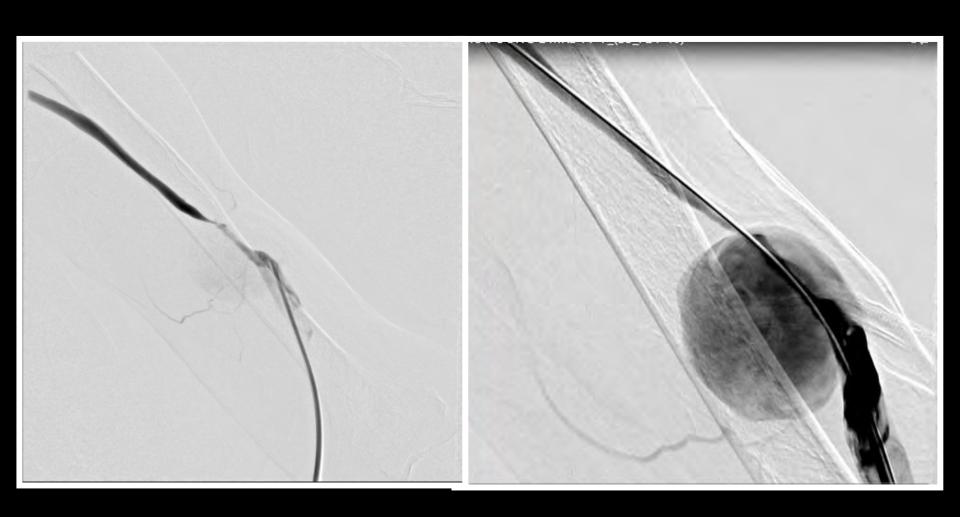


32/F with painful swelling at Cannulation site of Left Brachiocephalic AV Fistula

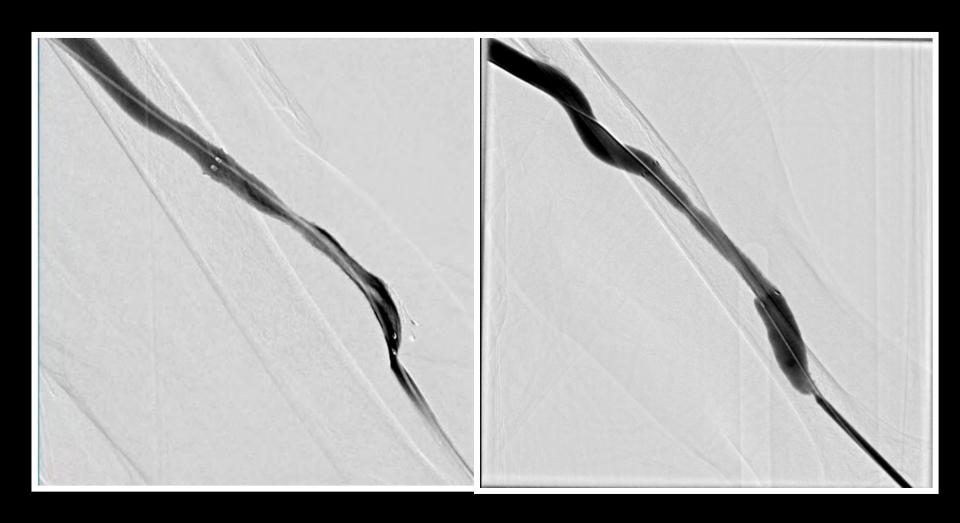
DOPPLER EVALUATION



INITIAL FISTULOGRAM



POST STENT GRAFT EXCLUSION AND BALLOON MOULDING



Surgical Mess vs Percut





US Guided Fistuloplasty







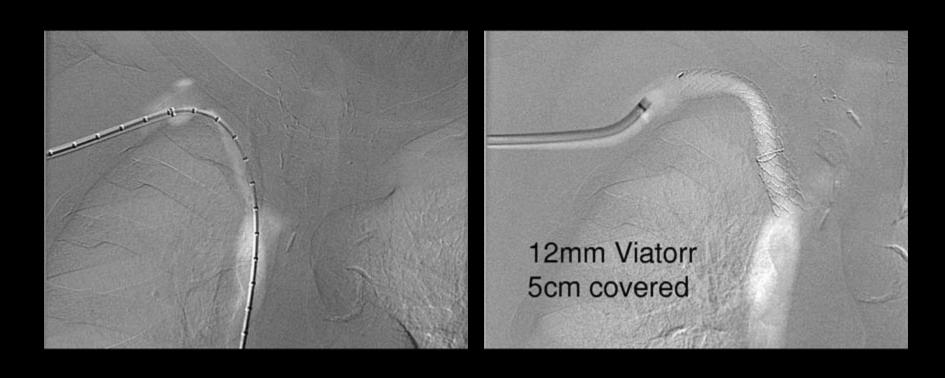




US Guided Interventions

- Not for central obstruction
- Can be easily performed with basic knowledge of US/Doppler.
- No Radiation to both Patient & Staff.
- No fluid overload
- Can be performed without Cathlab

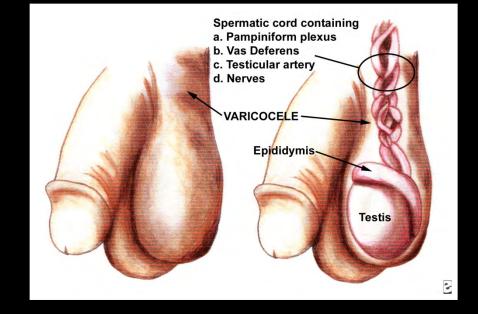
Alternate Contrast Medium: Co2



VARICOCELE

Definition: Dilatation of the Pampiniform venous plexus and the Internal spermatic vein.

 It is a well-known clinical entity that may result in mass-effect, pain, testicular atrophy, and infertility.



- 15-20% of all males
- 40% of infertile males
- 1. Amelar RD, Dubin L. Therapeutic implications of left, right, and bilateral varicocelectomy. Urology. 1987;30:53-59.
- 2. Skoog S, Roberts K, Goldstein M, Pryor J. The adolescent varicocele: what's new with an old problem in young patients? Pediatrics. 1997;100:112.

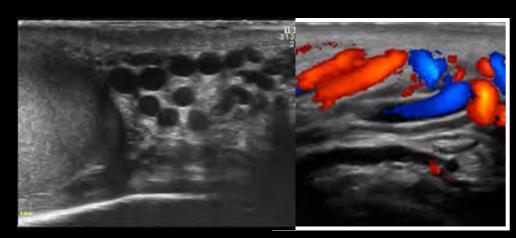
Scrotal Ultrasound & Color Doppler

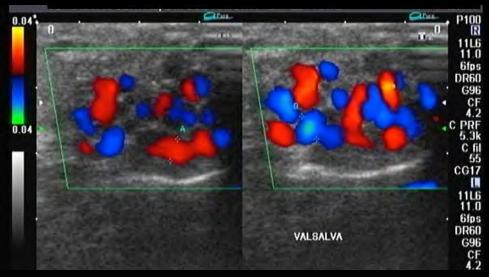
 Ultrasound with color allows accurate diagnosis in nearly all cases of varicoceles, even subclinical varicoceles and is the imaging technique of choice.

Findings:

1. On gray scale ultrasound there is

- 2. Color Doppler demonstrate Retrograde flow/ reflux in these veins with standing position or with Valsalva maneuver.
- 3. On spectral analysis, venous flow is directed to the testis which augments on increasing the abdominal pressure.





Open Surgical Management

 Ligate all of the internal and external spermatic veins with preservation of spermatic arteries and lymphatics.



Downside:

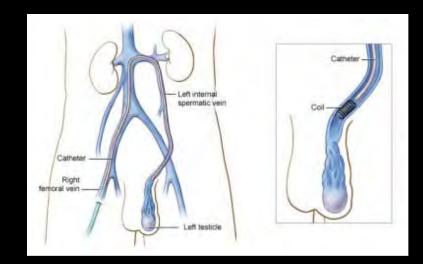
- Scar
- Recurrence
- Post operative recovery time



Percutaneous Embolization

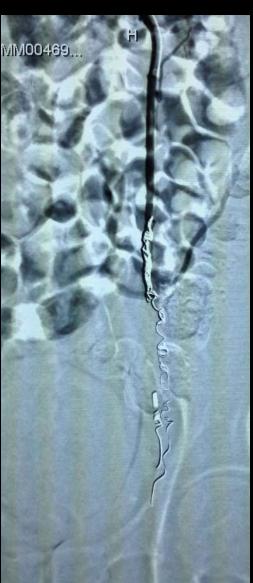
- Least invasive & safe means of Varicocele repair.
- Internal spermatic vein accessed via cannulation of femoral/Internal Jugular vein.

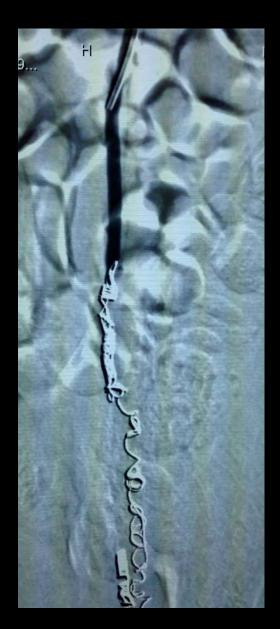




Coil embolization of Left ISV

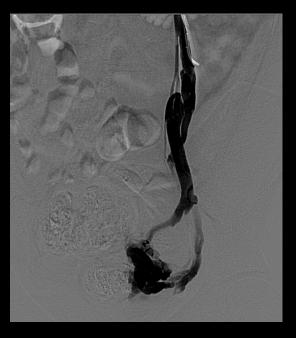






Pelvic Congestion Syndrome (CPP, PVI, Female varicocele)

 Young Female G5, P5 with history of left lower quadrant pelvic pain for the past few years, which has worsened in the past 6 months. She describes the pain as worse after standing for a prolonged period.

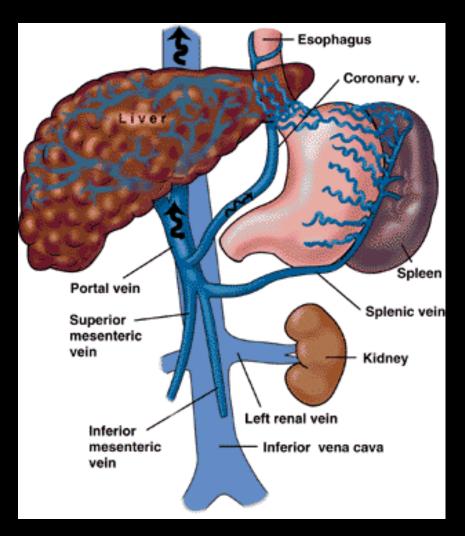


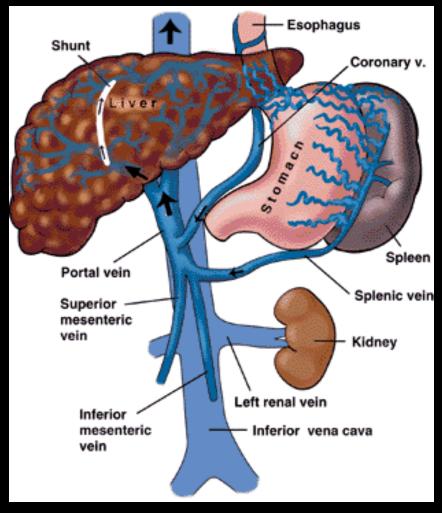






TIPS procedure: involves guided creation of a connection between the hepatic vein and the portal vein that allows blood to flow from the portal vein to the inferior vena cava and back to systemic circulation with little resistance.





PRE-TIPS POST-TIPS

Common INDICATIONS OF TIPS

PORTL HYPERTENSION:

- Multiple episodes of variceal bleeding
- Refractory variceal hemorrhage despite adequate endoscopic treatment
- Refractory ascites
- Refractory hepatic hydrothorax

Budd-Chiari syndrome

TIPS

- Cirrhosis of liver with recurrent variceal bleed and ascites, status post band ligation and unresponsive to medical management.
- On waiting list for liver transplant.

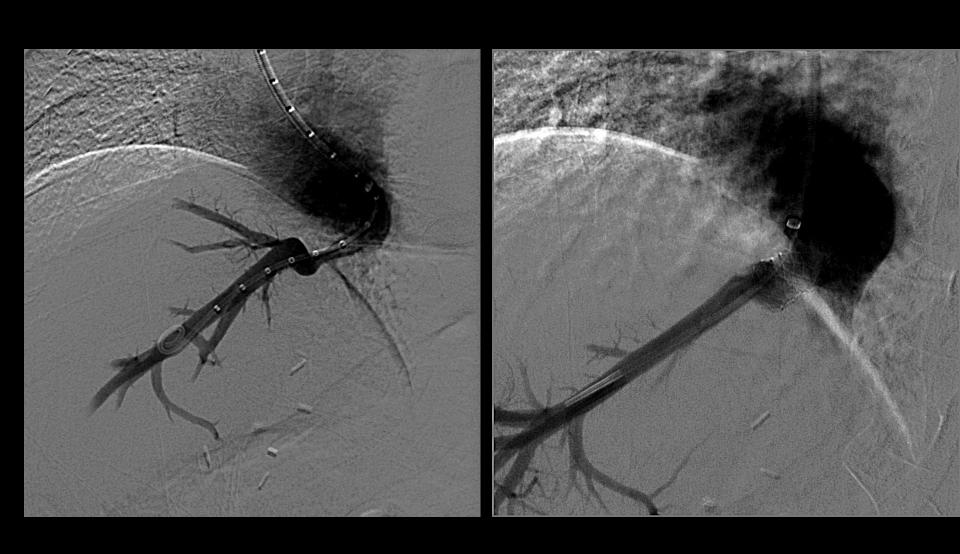
IR pays an Important role: TIPSS placement.

TIPSS

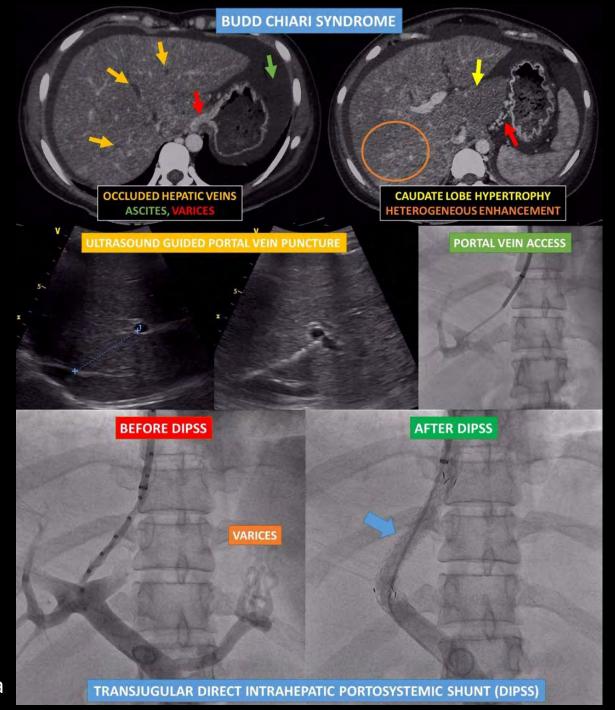




HVOTO



BUDD CHIARI SYNDROME



Courtsey: Dr.Ankit Dhumswala

Variceal Bleed: BRTO



For DNB/MD

- Causes/Pathophysio/SS/CEAP classification & IR treatment options of Varicose veins
- DVT & PE: Role of IR
- HD access route & role of IR
- TIPSS/BRTO: Indications/ Procedure steps
- Varicocele & PCS

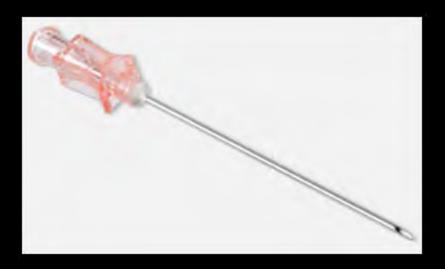
Take Home Message

- "Interventional Radiology or IR" is a well established entity in 2017.
- We all Radiologists who have special interest to poke Needle shall apply his/her clinical & radiological knowledge & aggressively use technical skills as the community surely needs a super hero.

THANK YOU FOR PATIENT LISTENING

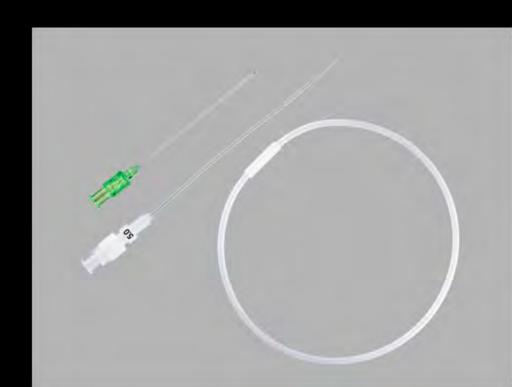
Puncture/Access needle

- Typical single wall access needles: 18 or 19 G
- Sharp beveled distal edge

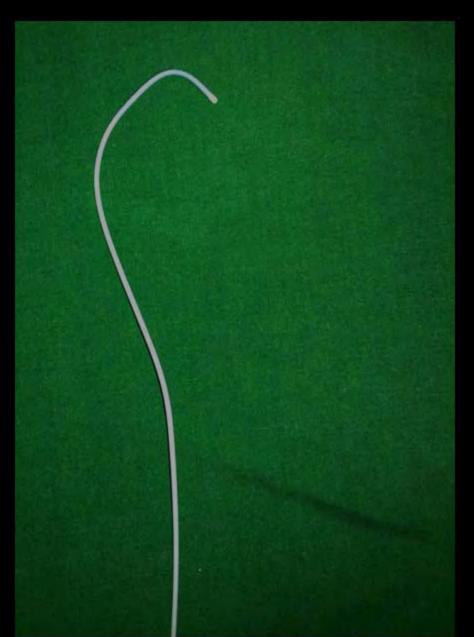


Micropuncture Access set

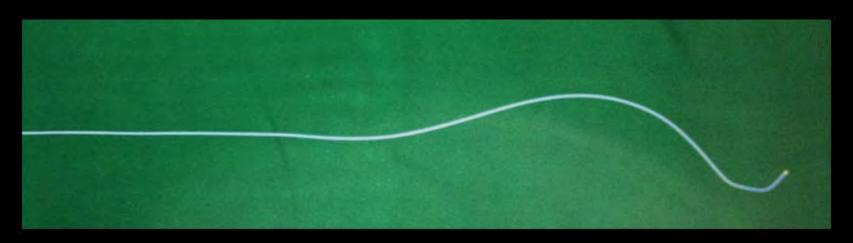
- •3 parts
- •Beveled tip needle 21 G
- Dilator
- •0.018 inch guide wire

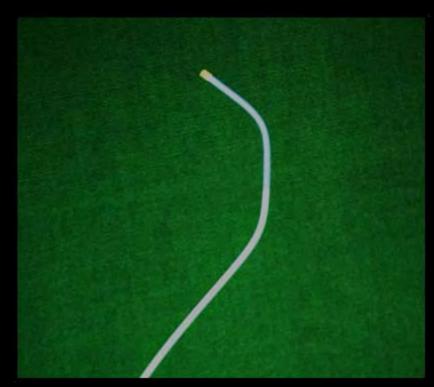


COBRA

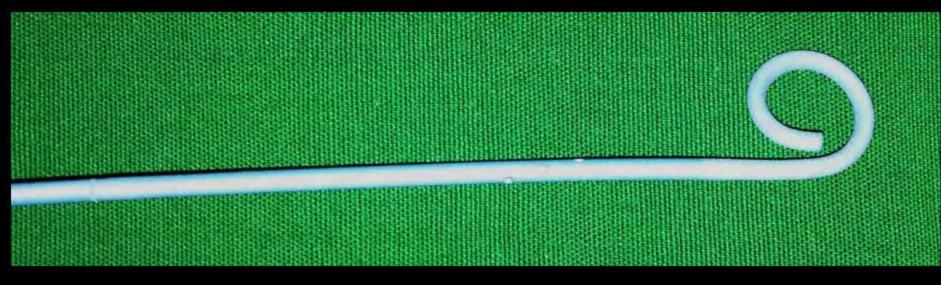


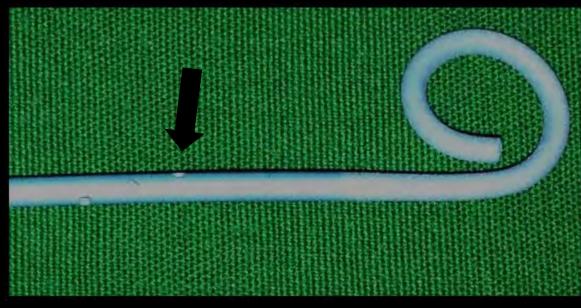
HEAD HUNTER



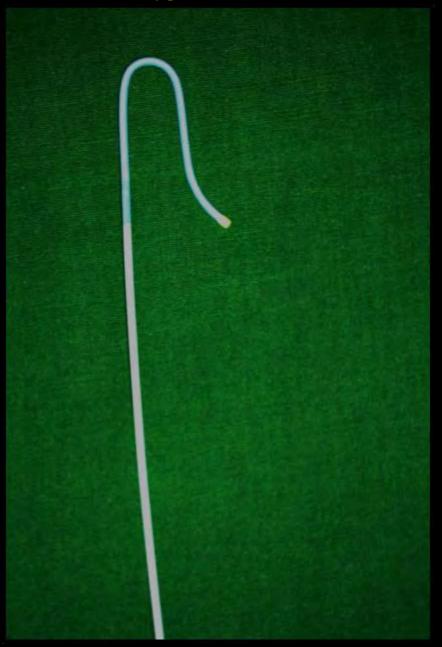


PIG TAIL

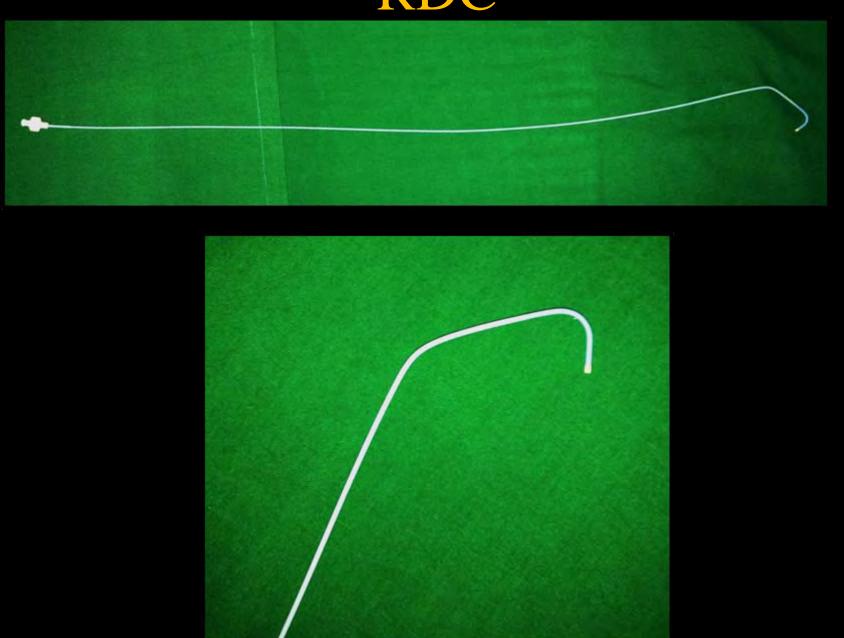




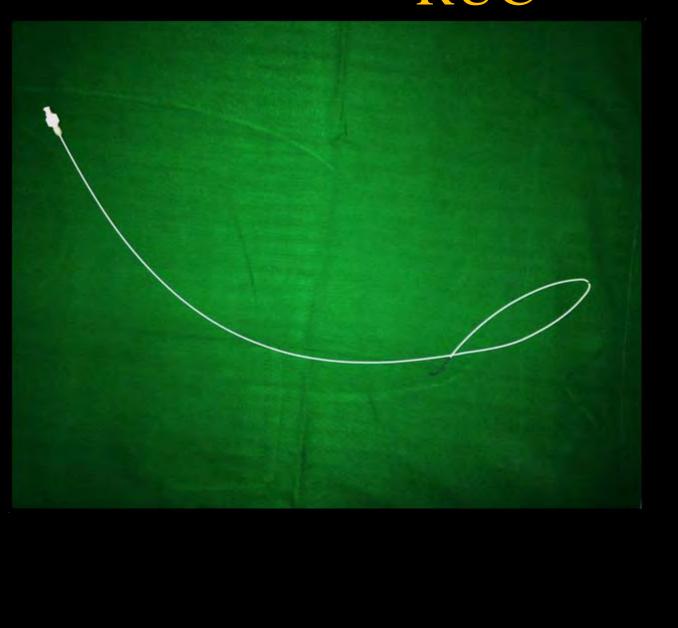
SIM



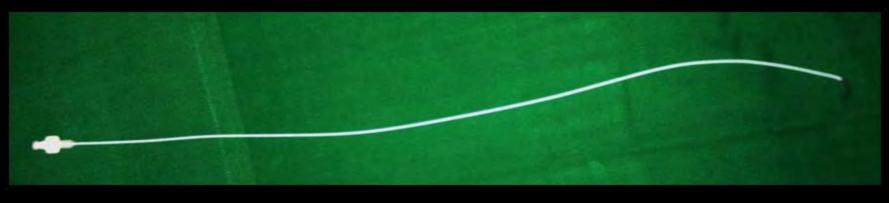
RDC



RUC



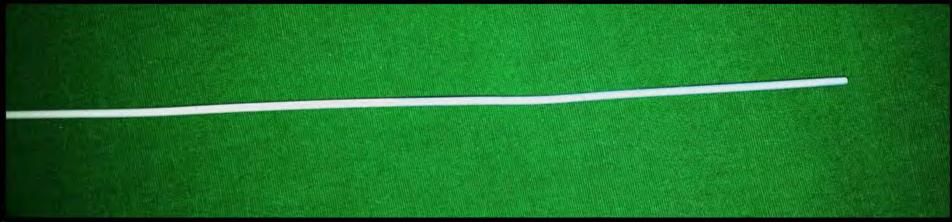
SHEPHERD'S HOOK



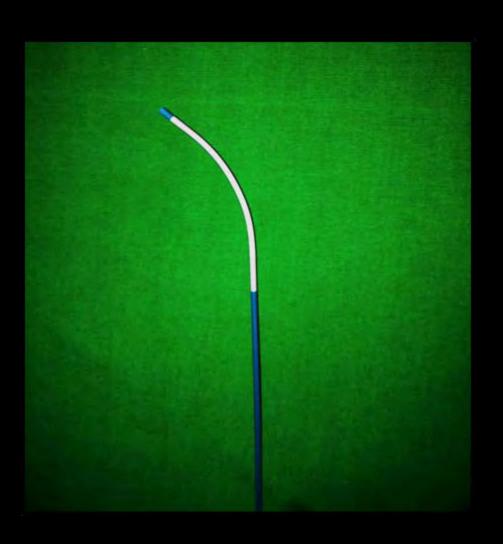


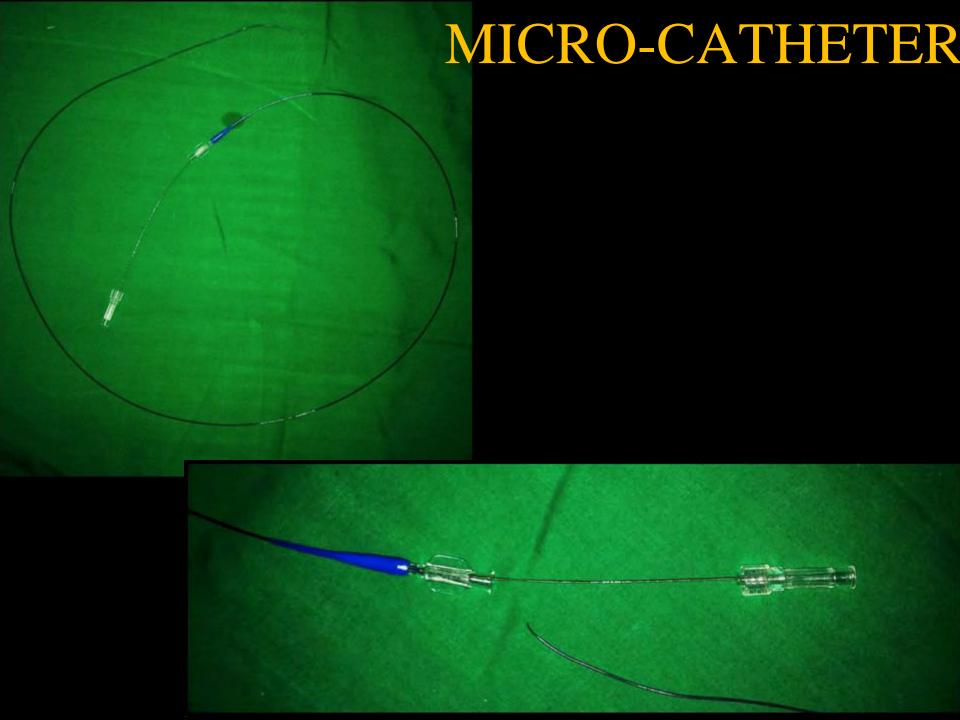
STRAIGHT FLUSH





MULTIPURPOSE





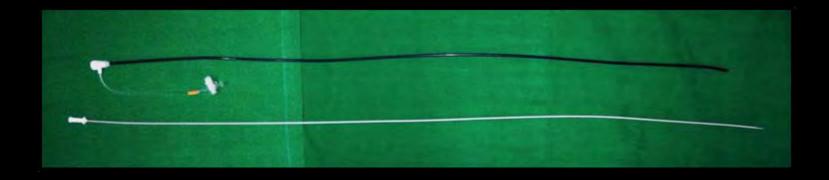
INTRODUCER SHEATH



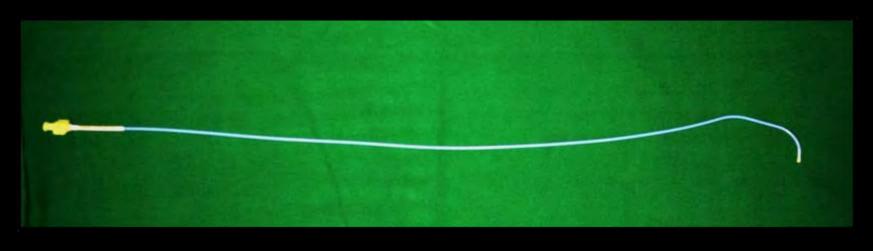
BALKIN SHEATH

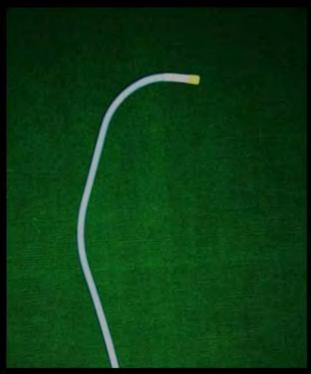


LONG SHEATH

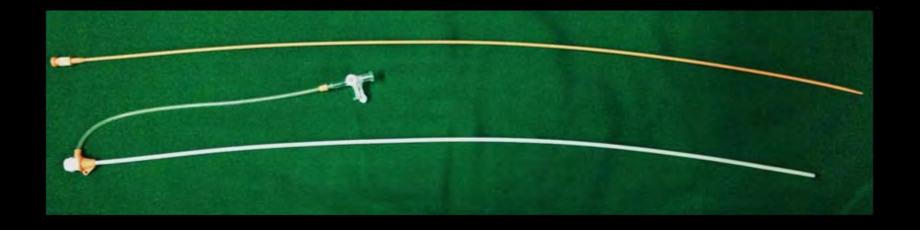


GUIDING CATHETER

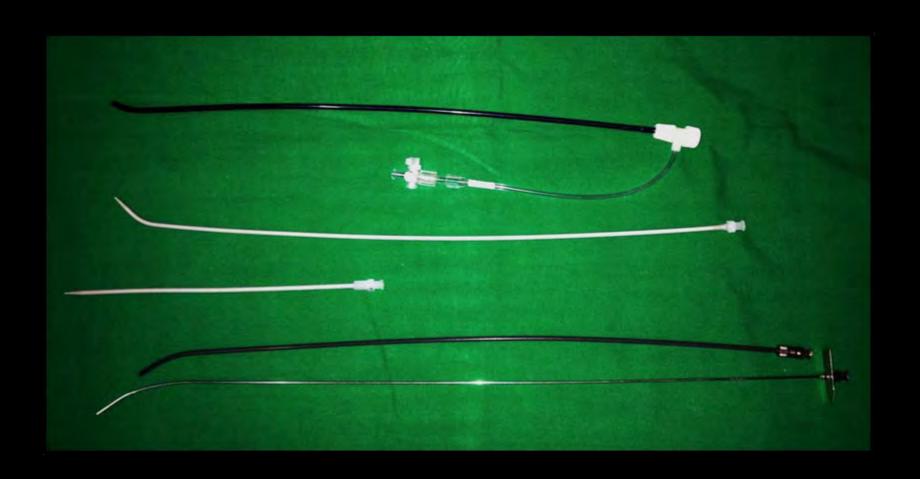




LONG SHEATH

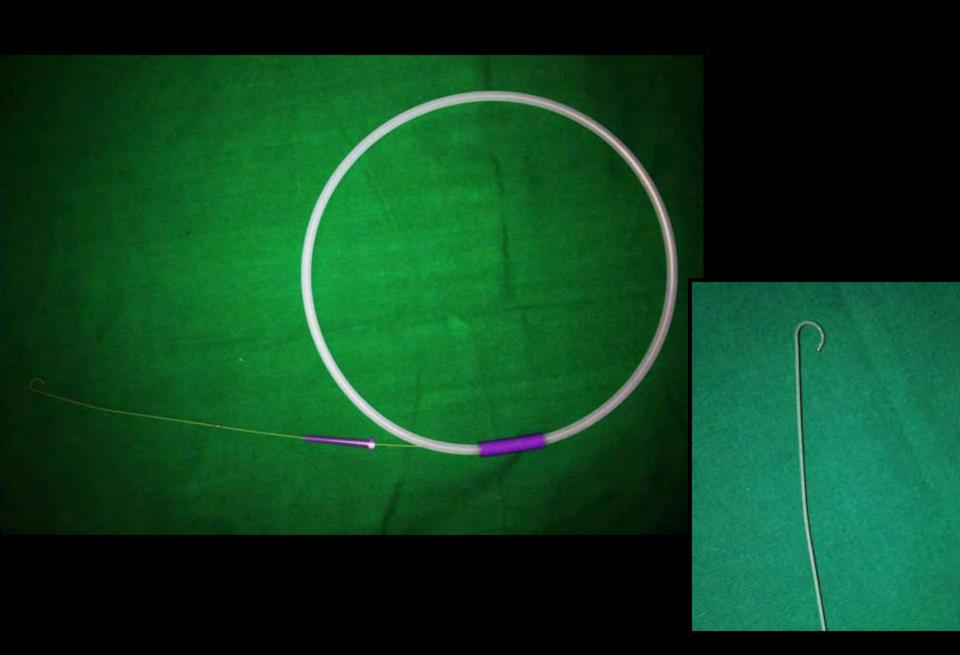


TIPSS SET

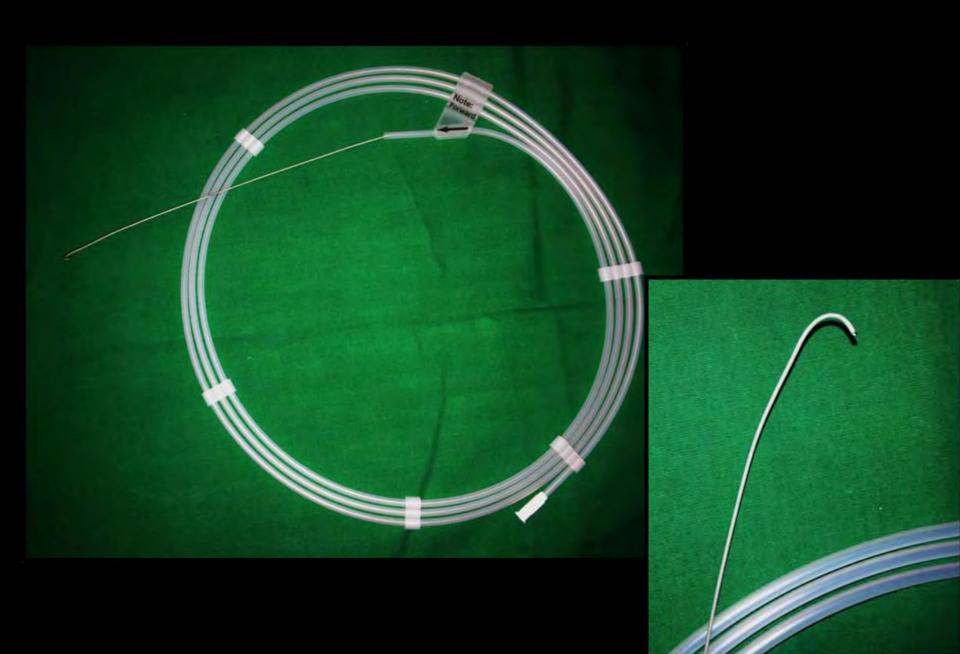




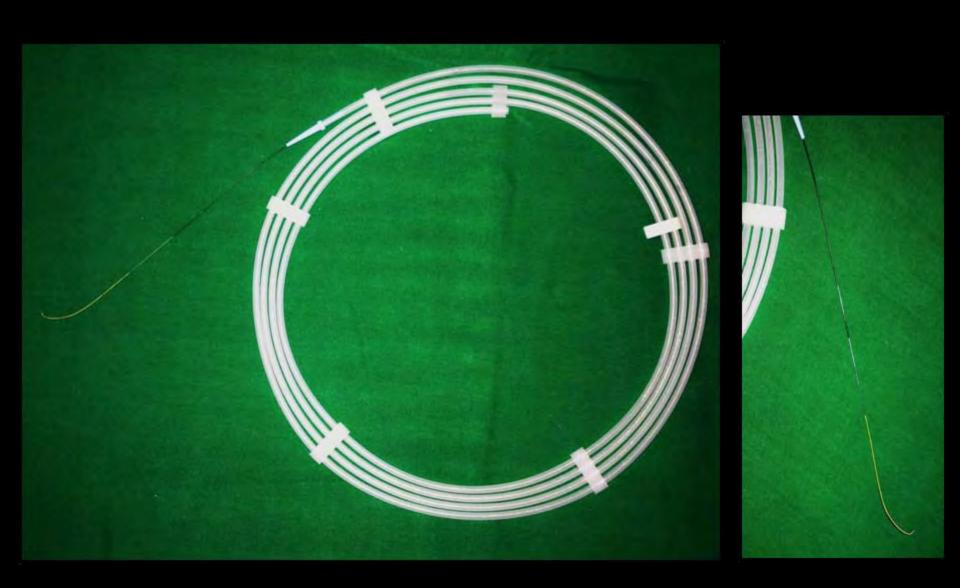
AES GUIDEWIRE



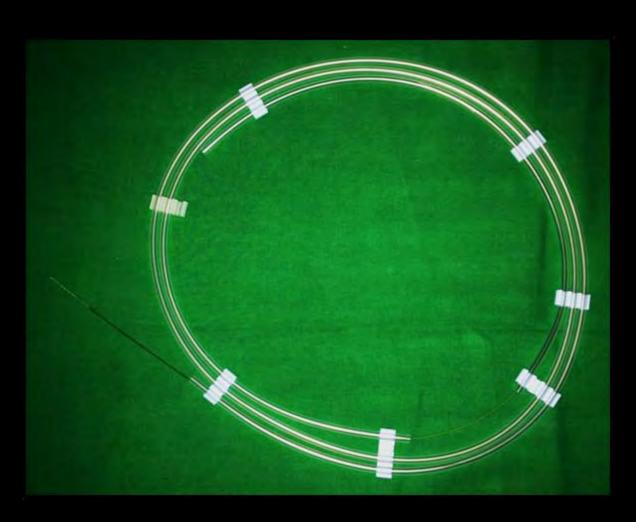
AUS GUIDEWIRE



0.018" NITREX GUIDEWIRE

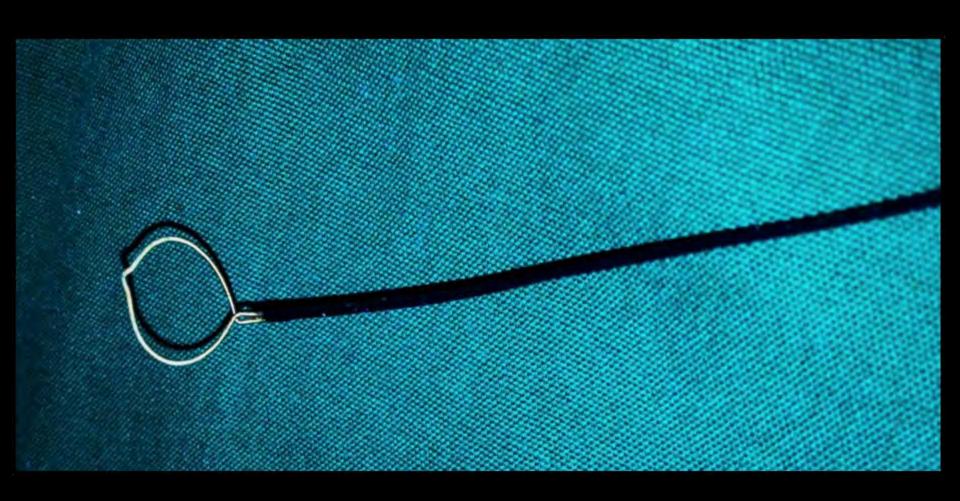


0.014" STABILIZER GUIDEWIRE





SNARE

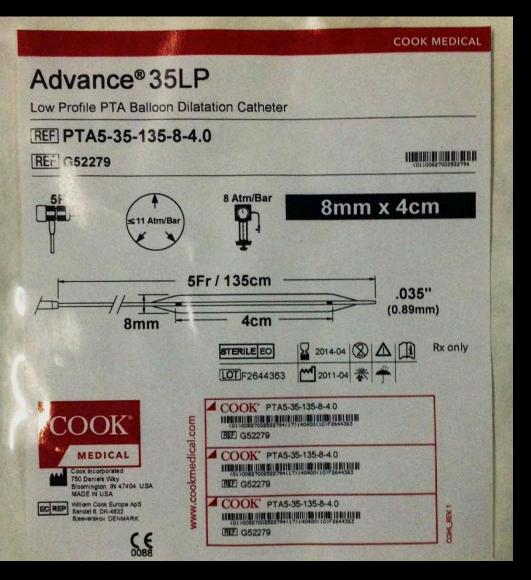


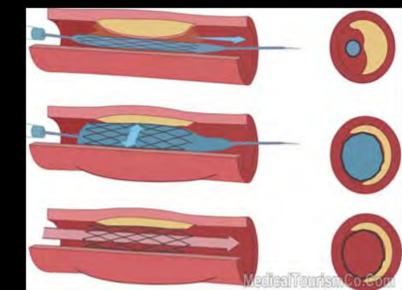
BALLOON



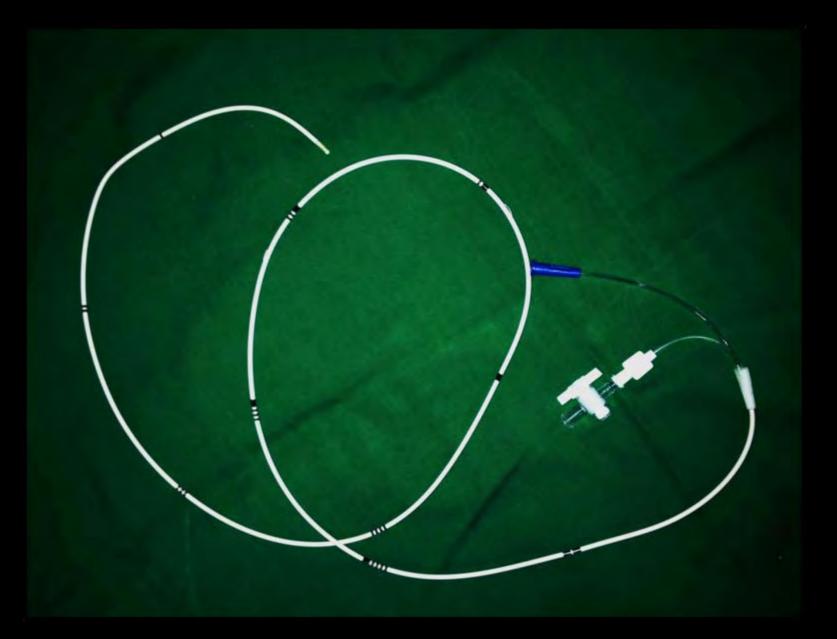


BALLOON





COMPLIANT BALLOON



STENTS



COVERED STENT









SCLEROTHERAPY

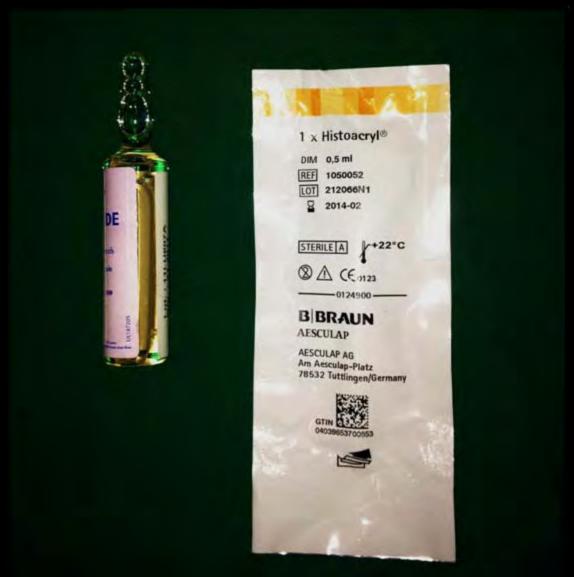


BLEOMYECIN



SODIUM TETRADECYL SULFATE

LIQUID EMBOLICS



LIPIODOL

HISTOACRYL

EMBOLIZATION AGENTS



POLY VINYL ALCOHOL





EMBOSPHERE

GELFOAM

EMBOLIZATION AGENTS





COILS

PIG TAIL CATHETER



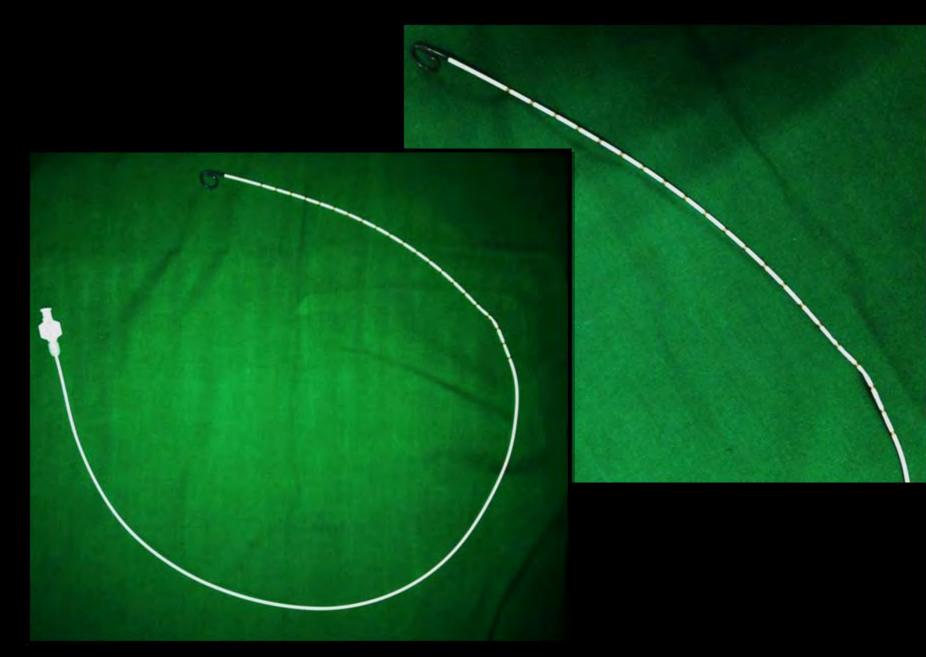
PLASTIC BILIARY STENT



DOUBLE J STENT



MARKER PIG



TRANSJUGULAR BIOPSY NEEDLE





THROMBOLYSIS DEVICE



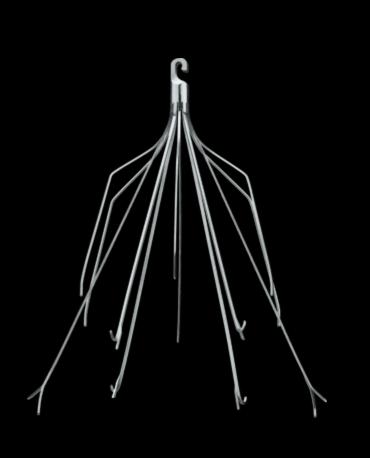
EVLT KIT

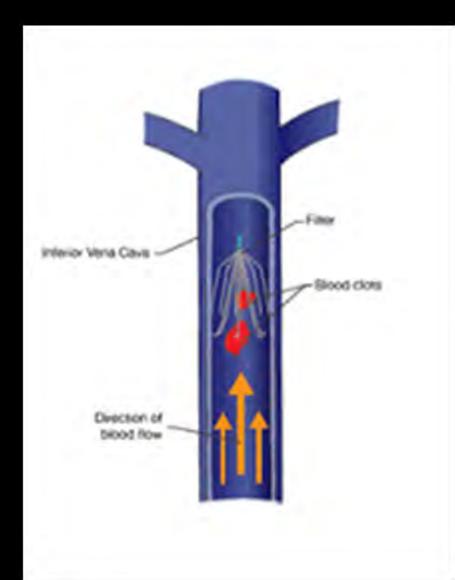




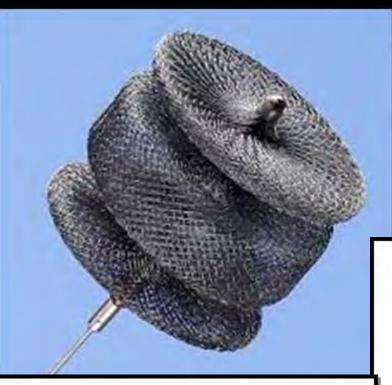


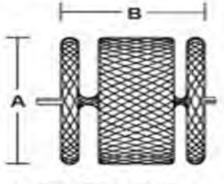
IVC filter





Vascular plug





A: Device Drameter (mm)

B: Unconstrained Device Length (mm)

