

# **Procedural Sedation in Children : An Overview**

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## **Abstract**

Modern day practice is aimed not only at treatment, but to provide the management at minimal discomfort to the patients. This entails various diagnostic and short therapeutic procedures that can be done at bedside or radiology suites or minor operation theaters. The discomfort to the patient includes the pain caused by the procedure and discomfort in lying still while the procedure is being performed. The anxiety is much more in pediatric patients that require administration of medication to be alleviated. The development of safe anesthetic medications has caused widespread use of such medications. The use of these medications is not free of complications and thus, various authorities have developed guidelines for safe use of procedural sedation in office setting. We here discuss the need for procedural sedation, the drugs available and the guidelines for their safe use.

**Key words:** Procedural sedation and analgesia (PSA), minimal sedation, moderate sedation, conscious sedation, deep sedation, general anesthesia, rescue.