

Liver Pathology in Non-alcoholic Fatty Liver Disease

Ashim Das¹ and Ajay Duseja²

Department of ¹Histopathology and ²Hepatology, PGIMER, Chandigarh

Abstract

Non-alcoholic fatty liver disease (NAFLD) is a common condition worldwide, but only a small number of patients with NAFLD develop liver related complications. Liver biopsy is useful in confirming the diagnosis and excluding other liver diseases. It provides prognostic information by staging and grading the disease. Standardized and validated pathologic criteria to grade and stage liver disease related to NAFLD is important, not only for epidemiologic studies of NAFLD, but also to design more effective therapies for NAFLD patients, who are at risk to develop progressive liver disease.

Key words: Non-alcoholic fatty liver disease, liver biopsy, steatohepatitis, fibrosis.